

**AIGOM**

ASSOCIAZIONE ITALIANA  
GRUPPI ONCOLOGICI MULTIDISCIPLINARI

# 2025: NOVITÀ NEL TRATTAMENTO DELLE NEOPLASIE GINECOLOGICHE

**VERONA**  
**7 MARZO 2025**

**HOTEL  
CROWNE PLAZA**

Responsabile Scientifico  
Dr.ssa Stefania Gori

**Carcinoma ovarico stadio I-II e  
terapia adiuvante:  
quando e quale?**

Veronica Parolin

AOUI Verona

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**SCARCITY OF LITERATURE !!!!**

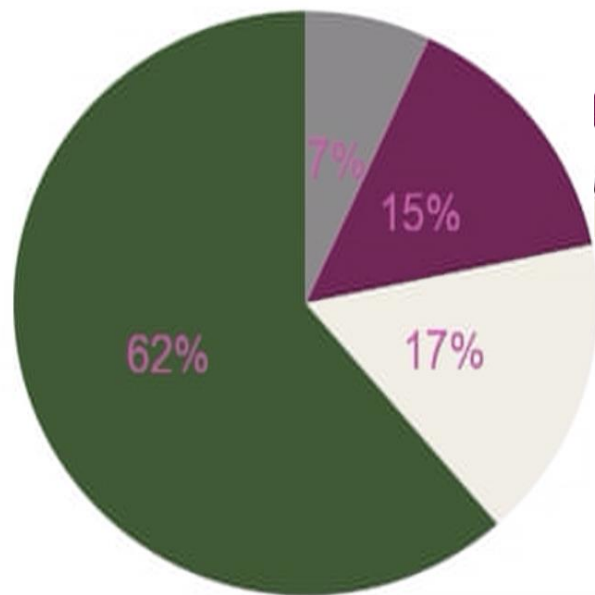
# Outline

- ◆ Definition for early stages: stage IA-IC, IA-IIB, IA-IIIA?
- ◆ Indications for adjuvant therapies: Define risk of recurrence !!!
- ◆ For who? Duration ?
- ◆ Alternative to chemotherapy?
- ◆ Particularities (by hystology)

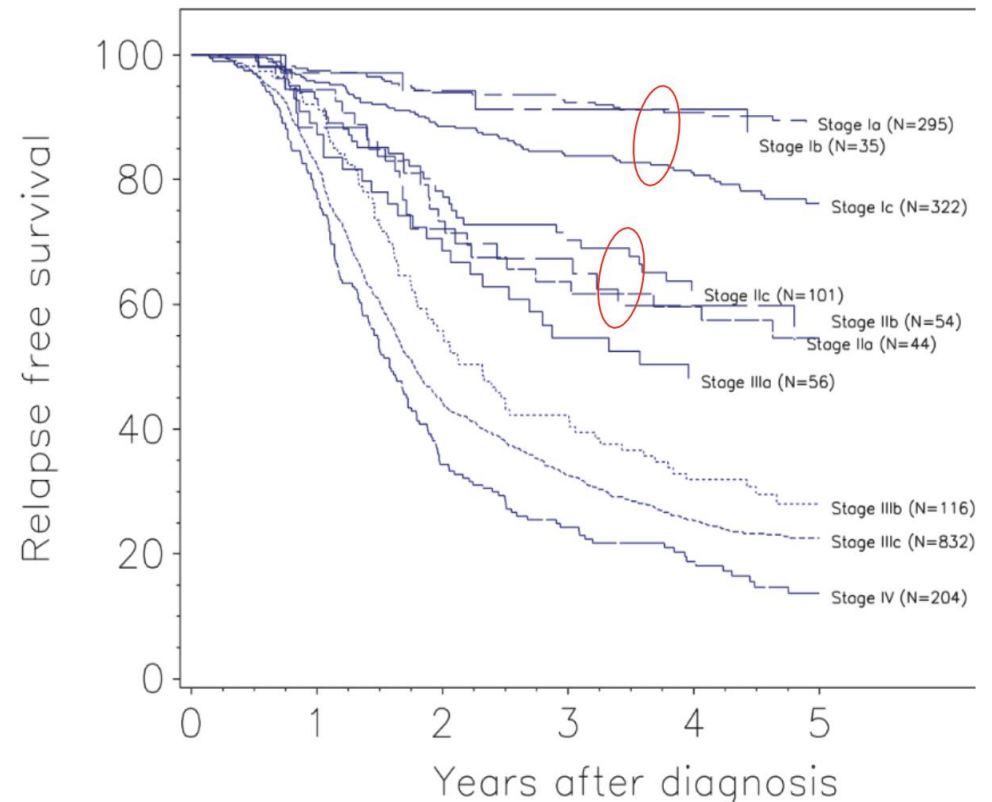
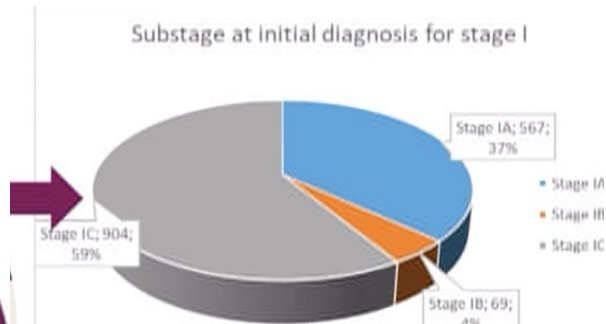
# Epidemiology & Prognosis

- ◆ Majority of cancers diagnosed at advanced disease
- ◆ More than 70-80% of patients will relapse
- ◆ Outcome for early stage is very good: 5y survival in the range of 80 % to 93 %

Stage at diagnosis  
(% of patients)



Substage at initial diagnosis for stage I



■ Inconnu ■ Stage I ■ Stage II/III ■ Stage IIIc-IV

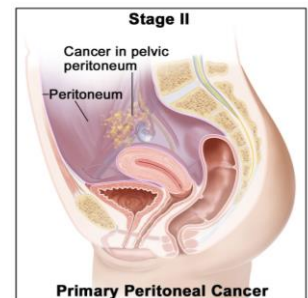
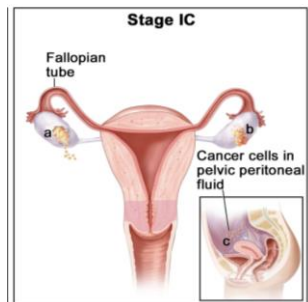
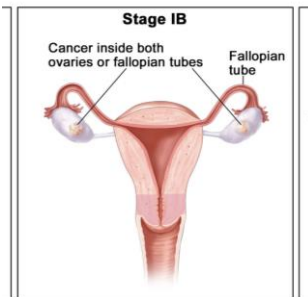
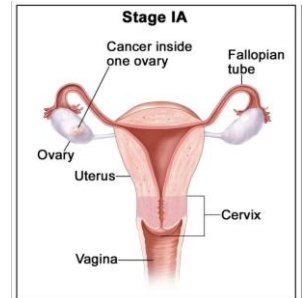
# Ovarian cancer early stage (FIGO 2014)

**Stage I**  
Tumor confined to ovaries

|                                    |  |
|------------------------------------|--|
| IA                                 | Tumor involving 1 ovary<br>Capsule intact<br>No tumor present on external surface<br>No malignant cells in ascites or peritoneal washings      |
| IB                                 | Tumor involving both ovaries<br>Capsule intact<br>No tumor present on external surface<br>No malignant cells in ascites or peritoneal washings |
| Tumor limited to 1 or both ovaries |  |
| IC1                                | Surgical spill   |
| IC2                                | Capsule rupture before surgery or tumor on ovarian surface   |
| IC3                                | Malignant cells in ascites or peritoneal washings  |

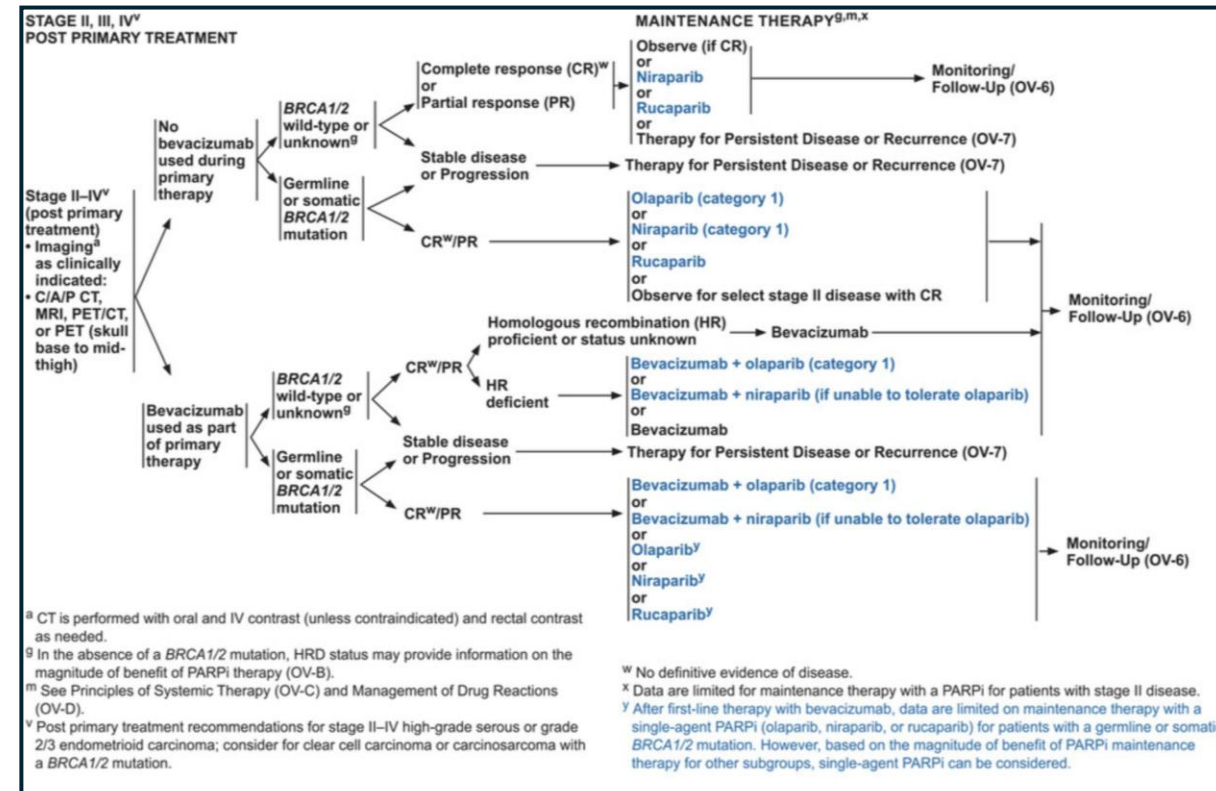
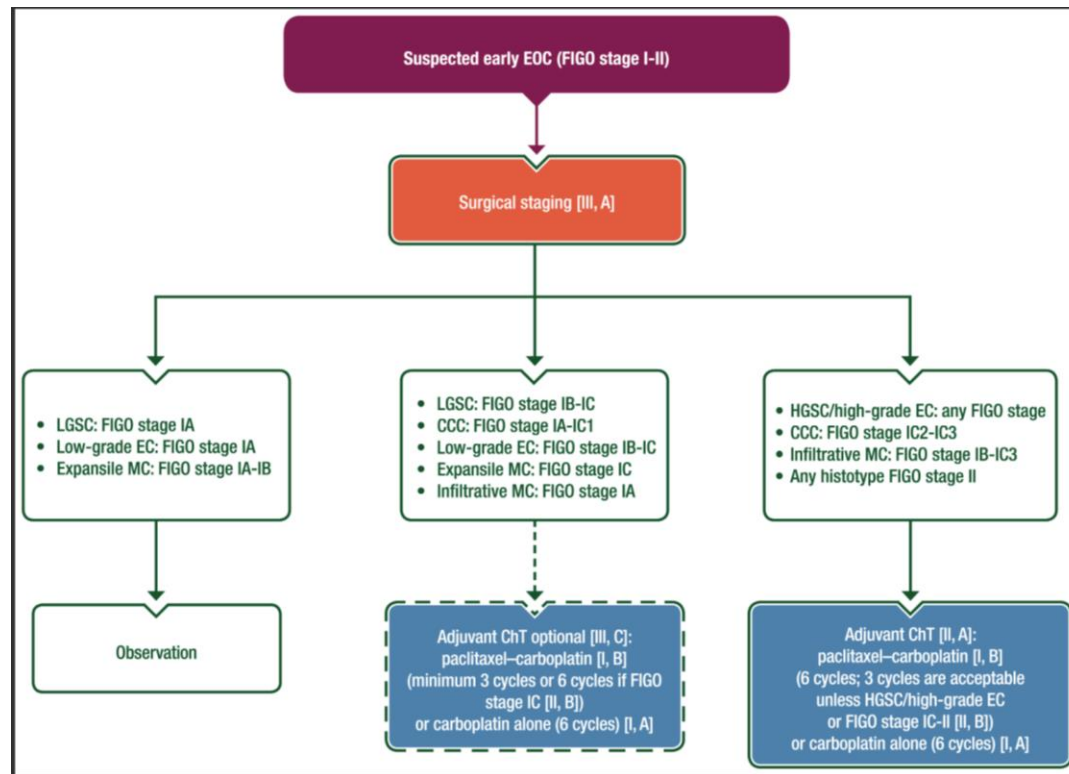
**Stage II**  
Tumor involves 1 or both ovaries with pelvic extension (below the pelvic brim) or primary peritoneal cancer

|     |   |
|-----|---|
| IIA | Extension and/or implant on uterus and/or fallopian tubes |
| IIB | Extension to other pelvic intraperitoneal tissues         |



# What is early stage ovarian cancer?

- Definition of early stage (IA-IC; IA-IIB?)
- ESMO clinical practice guideline 2023: Figo I-IIA
- NCCN recommends same treatment algorithm for stage II as for stage III/IV



**Figure 1. Management of early EOC (FIGO stage I-II).**

# PROGNOSTIC FACTORS IN EARLY OC

## Independent prognostic factors

- Age over 50-60 years old
- Spontaneous or surgical capsule rupture
  - Stage IC1 vs IC2
- Histological grade
- Histology as clear cell carcinoma
- Complete surgical staging or not
  - Better OS & PFS for restaging +/- CT vs CT alone!

## Prognostic Factors for High-Risk Early-Stage Epithelial Ovarian Cancer

*A Gynecologic Oncology Group Study*

**TABLE 3**  
Multivariate Analysis of Prognostic Factors for Recurrence-free Survival (RFS) and Overall Survival (OS) (N = 506)

|                        | Disease recurrence |           |      | Death |           |       |
|------------------------|--------------------|-----------|------|-------|-----------|-------|
|                        | HR                 | 95% CI    | P    | HR    | 95% CI    | P     |
| Age, y                 |                    |           |      |       |           |       |
| < 60                   | 1.0                |           |      | 1.0   |           |       |
| ≥60                    | 1.57               | 1.12–2.19 | .009 | 1.96  | 1.41–2.71 | <.001 |
| Stage                  |                    |           |      |       |           |       |
| IA or IB               | 1.0                |           |      | 1.0   |           |       |
| IC                     | 1.74               | 0.91–3.33 | .003 | 1.54  | 0.85–2.79 | .005  |
| II                     | 2.70               | 1.41–5.16 |      | 2.36  | 1.30–4.27 |       |
| Tumor grade*           |                    |           |      |       |           |       |
| 1                      | 1.0                |           |      | 1.0   |           |       |
| 2                      | 1.84               | 1.04–3.27 |      | 1.23  | 0.72–2.09 |       |
| 3                      | 2.47               | 1.39–4.37 | .02  | 1.86  | 1.10–3.15 | .09   |
| Not graded, clear cell | 1.66               | 0.91–3.04 |      | 1.46  | 0.85–2.50 |       |
| Cytology               |                    |           |      |       |           |       |
| Negative               | 1.0                |           |      | 1.0   |           |       |
| Positive               | 1.72               | 1.21–2.45 | .003 | 1.53  | 1.09–2.16 | .02   |

HR indicates hazard ratio; CI, confidence interval.

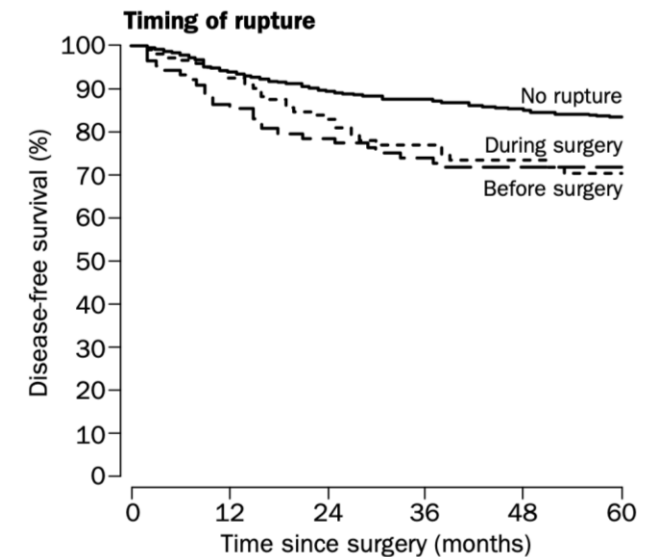
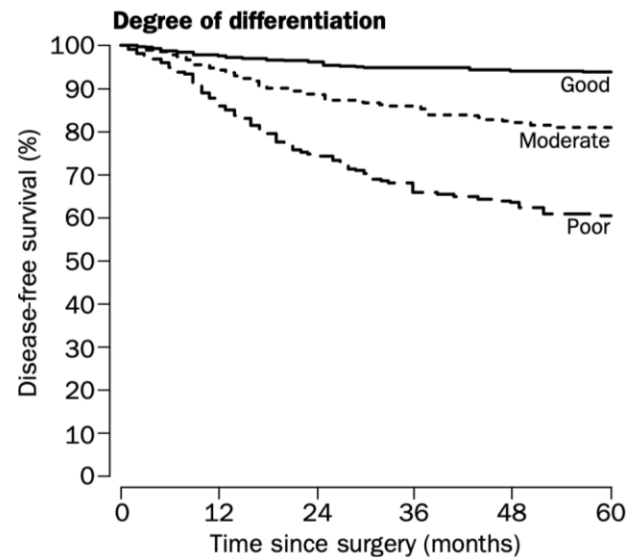
\* Hazard ratio estimated by Cox model adjusted for age group, stage, tumor grade, and cytology, as well as stratified with type of treatment.

# Prognostic importance of degree of differentiation and cyst rupture in stage I invasive epithelial ovarian carcinoma

| Characteristic                   | Hazard ratio (95% CI)<br>on multivariate analysis | p      |
|----------------------------------|---|--------|
| <b>Degree of differentiation</b> |   |        |
| Good*                            | 1.00  | ..     |
| Moderate                         | 3.13 (1.68–5.85)                                  | 0.0003 |
| Poor                             | 8.89 (4.96–15.9)                                  | 0.0001 |
| <b>Rupture before surgery</b>    |   |        |
| No*                              | 1.00  | ..     |
| Yes                              | 2.65 (1.53–4.56)                                  | 0.0005 |
| <b>Rupture during surgery</b>    |   |        |
| No*                              | 1.00  | ..     |
| Yes                              | 1.64 (1.07–2.51)                                  | 0.022  |
| <b>FIGO stage 1973</b>           |   |        |
| Ia*                              | 1.00  | ..     |
| Ib                               | 1.70 (1.01–2.85)                                  | 0.046  |
| <b>Age (per year)</b>            |   |        |
|                                  | 1.02 (1.00–1.03)                                  | 0.053  |

\*Reference category.

Table 3: **Significant variables for actuarial disease-free survival in final multivariate model**



**Degree of differentiation: the most powerful prognostic indicator of DFS, followed by rupture before and during surgery**



# ADJUVANT TREATMENT in EARLY STAGE



## SURGERY !!!

To remove the disease and for accurate staging

+/- CHEMOTHERAPY



- FSS for young women – low risk
- Important role of trained gynaecologist oncologist
- Lymphadenectomy?

# Role of Lymphadenectomy

**Table 2** Three-year disease-specific survival

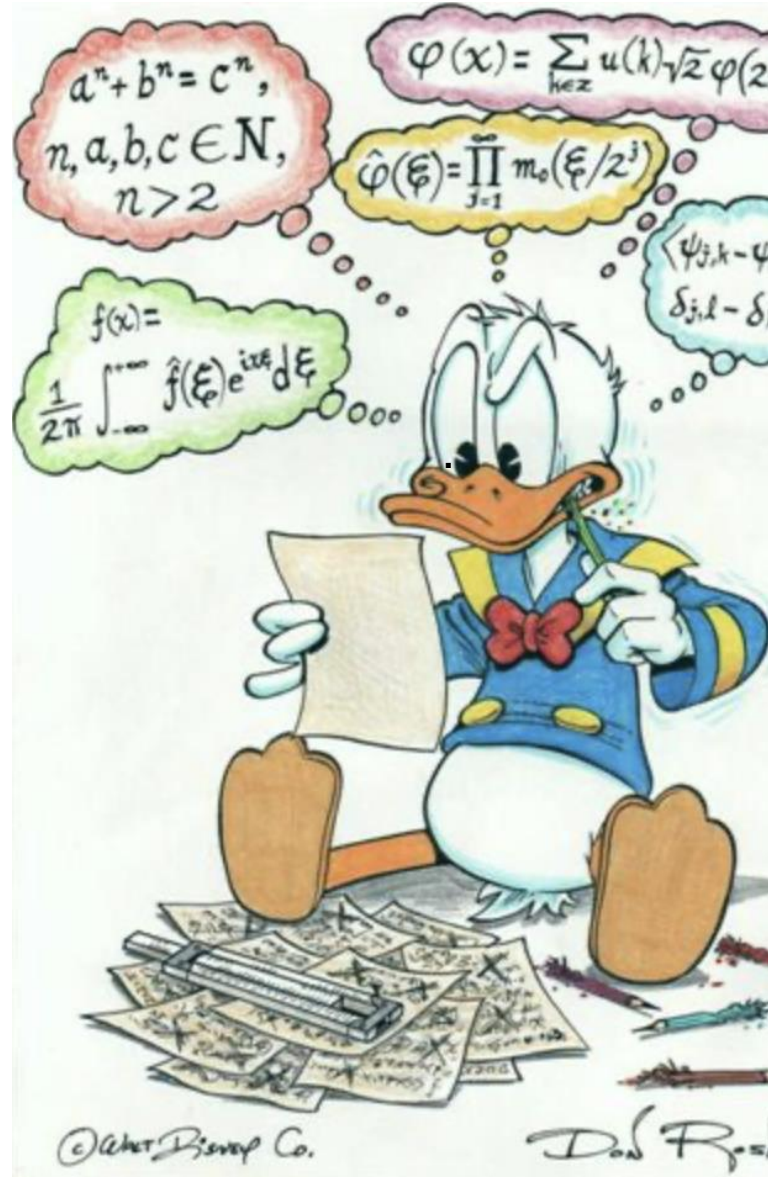
|                        | Total (%)   | 1988–1992 (%)  | 1993–1997 (%) | 1998–2001 (%) | Log-rank             |
|------------------------|-------------|----------------|---------------|---------------|----------------------|
| Overall                | 87.2 (±0.4) | 86.1 (±0.7)    | 87.2 (±0.6)   | 88.8 (±0.8)   | $P = 0.076$          |
| <i>Lymphadenectomy</i> |             |                |               |               | $P < 0.001^{\Delta}$ |
| Yes                    | 93.3 (±0.5) | 93.2 (±1.0)    | 93.5 (±0.7)   | 93.1 (±0.9)   | $P = 0.978^*$        |
| No                     | 82.0 (±0.6) | 82.8 (±1.0)    | 81.2 (±1.0)   | 82.0 (±1.6)   | $P = 0.211^*$        |
|                        |             | $\delta$ 11.3% |               |               |                      |
| <i>Stage</i>           |             |                |               |               | $P < 0.001^{\Delta}$ |
| Stage I                | 91.8 (±0.4) | 91.4 (±0.7)    | 91.5 (±0.6)   | 93.4 (±0.8)   | $P = 0.202^*$        |
| Lymphadenectomy        | 95.2 (±0.5) | 95.0 (±1.0)    | 94.7 (±0.7)   | 96.3 (±0.8)   | $P < 0.001^{\Delta}$ |
| No lymphadenectomy     | 89.0 (±0.6) | 90.0 (±0.9)    | 88.4 (±0.9)   | 88.6 (±1.6)   | $P = 0.468^*$        |
| Stage II               | 74.2 (±1.0) | 70.7 (±1.8)    | 74.5 (±1.5)   | 77.3 (±2.1)   | $P = 0.295^*$        |
| Lymphadenectomy        | 87.4 (±1.3) | 87.0 (±2.8)    | 89.5 (±1.8)   | 84.3 (±2.7)   | $P = 0.057^*$        |
| No lymphadenectomy     | 63.4 (±1.5) | 63.2 (±2.4)    | 62.1 (±2.3)   | 67.0 (±3.5)   | $P < 0.001^{\Delta}$ |
|                        |             | $\delta$ 24.0% |               |               | $P = 0.425^*$        |
|                        |             |                |               |               | $P = 0.410^*$        |

# ADJUVANT CHEMOTHERAPY

**Heterogeneous population**

**inadequate surgery**

**use of non standard chemotherapy drugs**



**survival benefit only in certain subsets**

**Varying number of chemotherapy cycles**

# ADJUVANT CHEMOTHERAPY

**For whom?  
Which?  
And how long?**



# RANDOMIZED PHASE III TRIALS

## Adjuvant chemotherapy versus observation

### ICON-1 (n=477)

- Histol. confirmed EOC
- Clinician uncertain if CHT needed
- Surgery: all visible tumour removed
  - Radical hysterectomy, bilat. adnexectomy, omentectomy as minimum
  - **Lymphadenectomy not mandated**
- Primary endpoint: overall survival

### ACTION (=448)

- Histol. confirmed EOC
  - FIGO IA/B & G2/3
  - FIGO IC-IIA all grades
  - FIGO I-IIA clear cell
- Surgery: strict guidelines for comprehensive surgical staging
  - hysterectomy, bilat. Adnexectomy + surgical staging:
  - **Omentectomy, peritoneal washings; blind biopsies (pelvic peritoneum, paracolic gutters; right hemidiaphragm) iliac & periaortic lymph nodes sampling (all met = staging optimal)**
- Primary endpoint: overall survival

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- Primary endpoint: overall survival

### Patient characteristics

- 93% stage I (40% IC)
- **32% serous; 23% mucinous; 23% endometrioid; 15% CCC**
- 27% G3; 41% G2; 32% G1
- Chemotherapy received (6 cycles recommended):
  - **86% carboplatin mono**
  - 10% cisplatin combo
  - 2% other (platinum based)
  - 2% not received
  - **85% received 6 cycles**

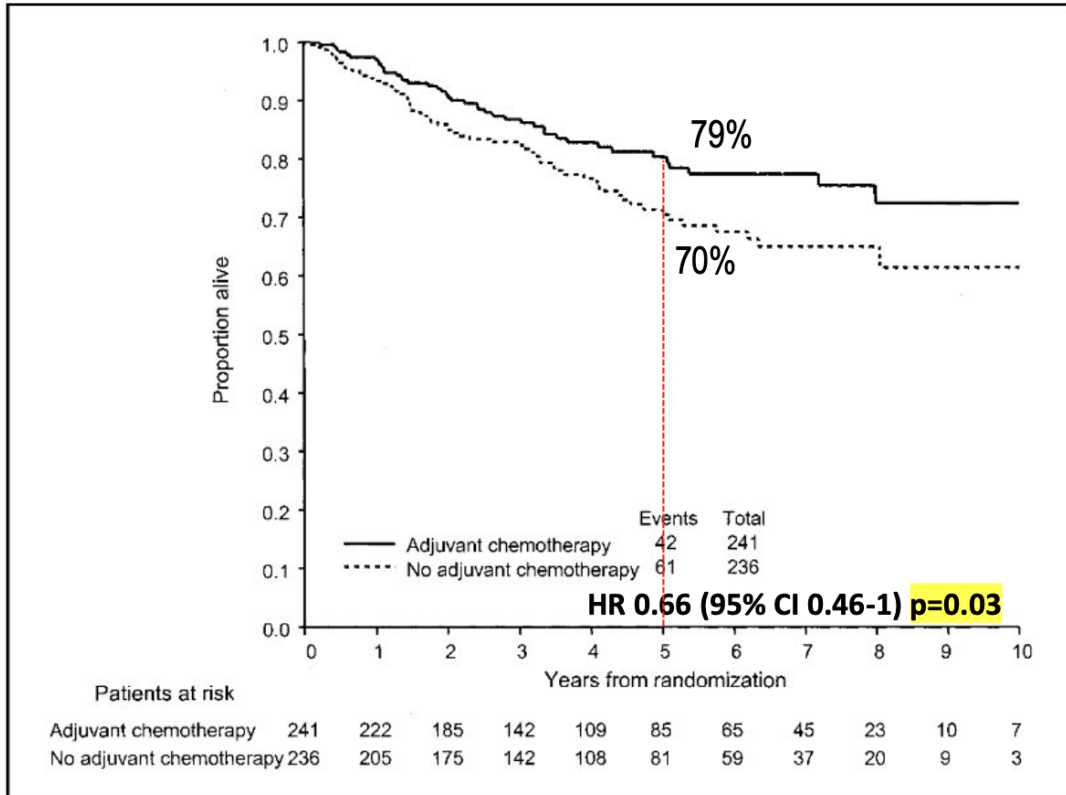


### Patient characteristics

- 93% stage I (50% IC)
- **35% serous; 17% mucinous; 27% endometrioid; 14% CCC**
- 35% G3; 51% G2; 12% G1
- Surgical staging:
  - optimal: 34%
  - **minimal/inadequate: 35%**
- Chemotherapy received (6 cycles recommended):
  - **47% Cisplatin/Cyclophosphamid**
  - **33% carboplatin mono**

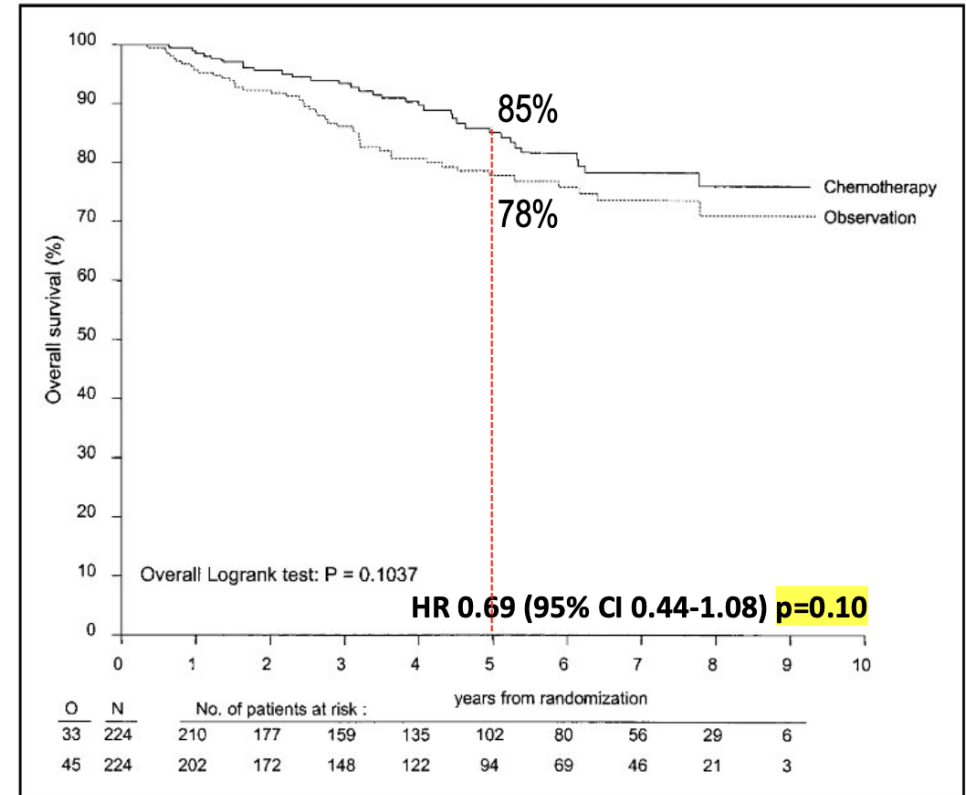
# PRIMARY ENDPOINT: OS

## ICON1



ICON Collaborators., JNCI, Vol. 95, No. 2, January 15, 2003; pp. 125

## ACTION



Trimbos B et al., JNCI, Vol. 95, No. 2, January 15, 2003; pp. 113

# Combined ICON1 and ACTION: POOLED ANALYSIS (N=925)

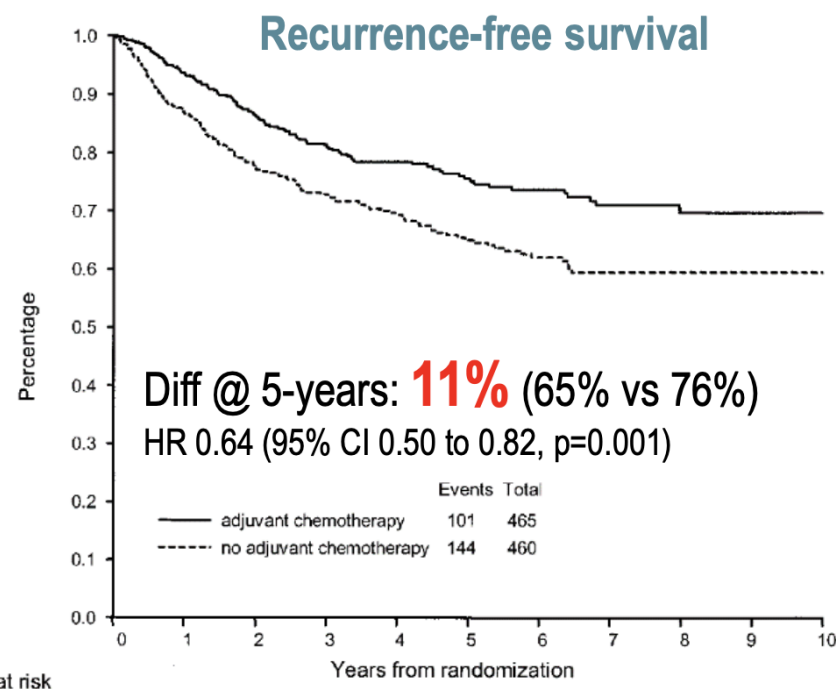
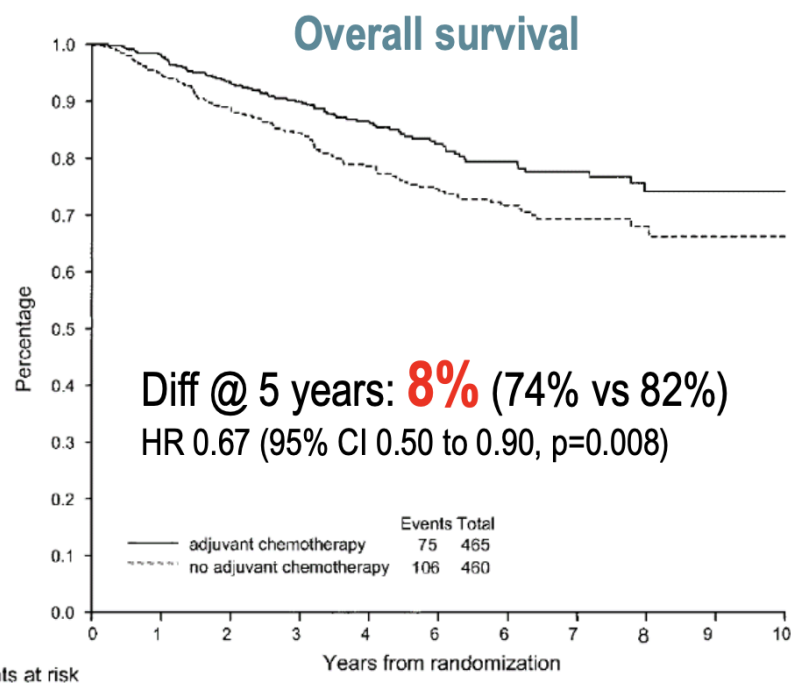
JOURNAL ARTICLE

International Collaborative Ovarian Neoplasm Trial 1 and Adjuvant ChemoTherapy In Ovarian Neoplasm Trial: Two Parallel Randomized Phase III Trials of Adjuvant Chemotherapy in Patients With Early-Stage Ovarian Carcinoma [Get access >](#)

International Collaborative Ovarian Neoplasm 1 (ICON1), European Organisation for Research and Treatment of Cancer Collaborators-Adjuvant ChemoTherapy In Ovarian Neoplasm (EORTC-ACTION)

JNCI: Journal of the National Cancer Institute, Volume 95, Issue 2, 15 January 2003, Pages

## Adjuvant chemotherapy versus observation



93% stage I

60% single agent platin  
35% platin combo

33% serous  
20% mucinous  
24% endometrioid  
14% clear cell

21% G1  
45% G2  
30% G3

### Median FU:

ACTION: 59 months  
ICON1: 51 months



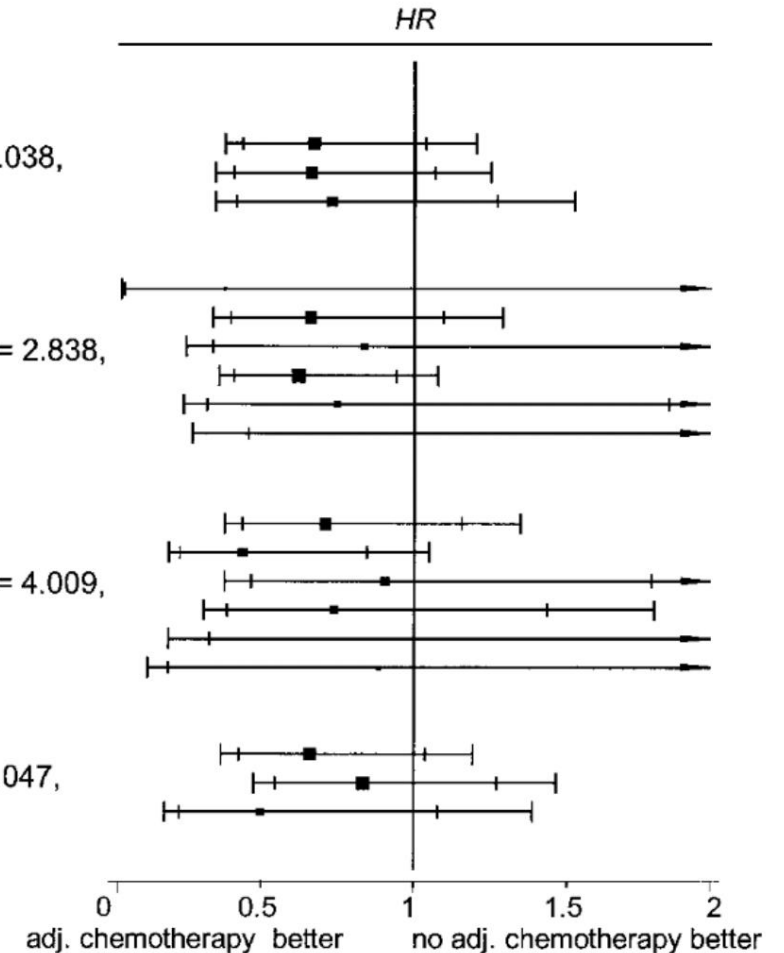
# ICON1 and ACTION POOLED ANALYSIS (N=925)

## Subgroup analysis

No subgroup identified, that benefited less or more from adjuvant chemotherapy (age, grade, histotype, stage)

**A separate subgroup analysis of staging completeness was not done because information about surgical staging was not collected in the ICON1 trial**

|                      | Adj. chemotherapy<br>(No. of events/No. of patients) | No Adj. chemotherapy<br>(No. of events/No. of patients) |  |
|----------------------|--|---|--|
| Age                  |  |   |  |
| <55                  | 30/233   | 43/233  | trend $\chi^2_{(1)} = .038,$<br>$P = .84$        |
| 55-65                | 22/126   | 39/147  |  |
| >65                  | 23/105   | 24/80   |  |
| Tumor stage          |  |   |  |
| I                    | 1/9  | 1/4   | interaction $\chi^2_{(5)} = 2.838,$<br>$P = .73$ |
| Ia                   | 22/168   | 33/172  |  |
| Ib                   | 8/46   | 9/43  |  |
| Ic                   | 32/208   | 49/204  |  |
| II                   | 8/30   | 11/29   |  |
| III                  | 3/3  | 3/6   |  |
| Histologic cell type |  |   |  |
| serous               | 27/161   | 33/139  | interaction $\chi^2_{(5)} = 4.009,$<br>$P = .55$ |
| mucinous             | 10/90  | 22/90   |  |
| endometrioid         | 13/94  | 20/129  |  |
| clear                | 16/68  | 17/62   |  |
| undifferentiated     | 3/9  | 2/7   |  |
| other                | 3/23   | 3/19  |  |
| Cell differentiation |  |   |  |
| poor                 | 29/139   | 42/141  | trend $\chi^2_{(1)} = .047,$<br>$P = .83$        |
| intermediate         | 37/210   | 42/203  |  |
| well                 | 7/97   | 16/100  |  |



# UPDATED ICON1 RESULTS (median FU 10ys)

*Annals of Oncology* 25: 1165–1171, 2014  
doi:10.1093/annonc/mdu116  
Published online 14 March 2014

## Optimal treatment of early-stage ovarian cancer

F. Collinson<sup>1†</sup>, W. Qian<sup>2†</sup>, R. Fossati<sup>3</sup>, A. Lissoni<sup>4</sup>, C. Williams<sup>5</sup>, M. Parmar<sup>6\*</sup>, J. Ledermann<sup>7</sup>, N. Colombo<sup>8</sup> & A. Swart<sup>9</sup> on behalf of the ICON1 collaborators

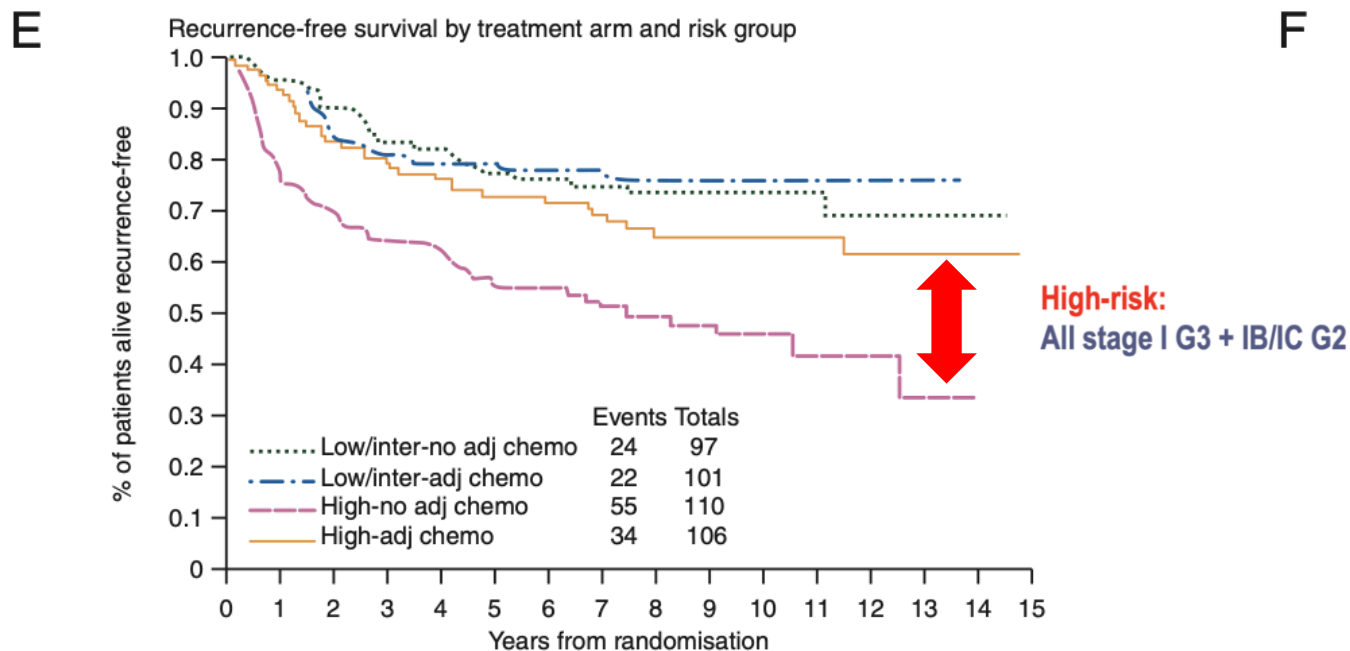
**Table 1.** Classification of stage 1 patients by risk of recurrence

|          | Grade 1 (%) | Grade 2 (%) | Grade 3 (%) |
|----------|-------------|-------------|-------------|
| Stage 1A | 13          | 20          | 10          |
| Stage 1B | 3           | 4           | 4           |
| Stage 1C | 15          | 17          | 12          |

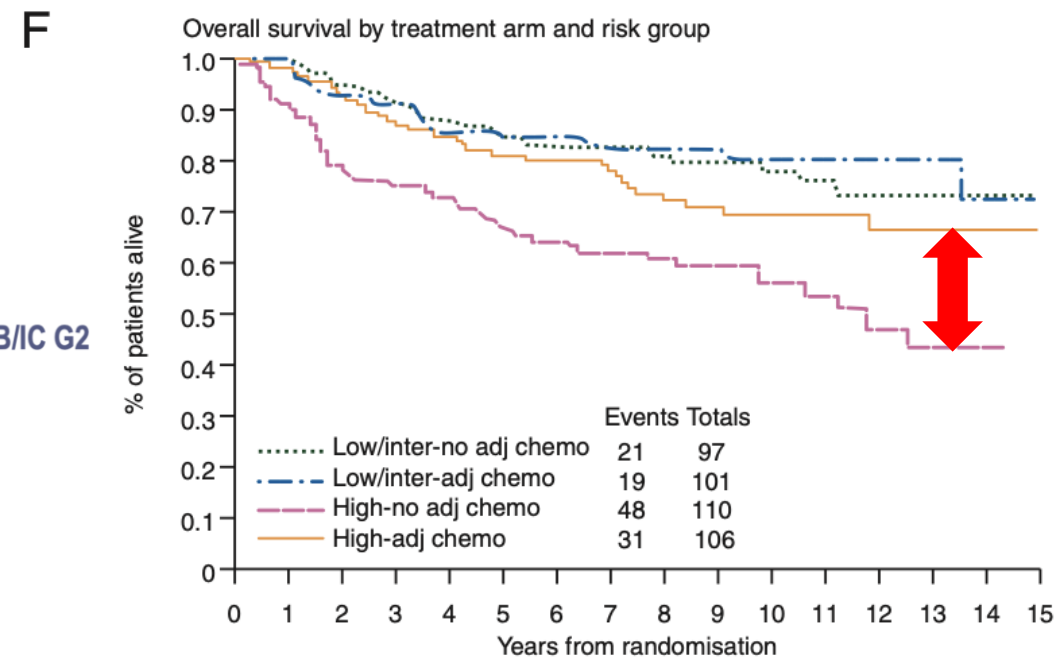
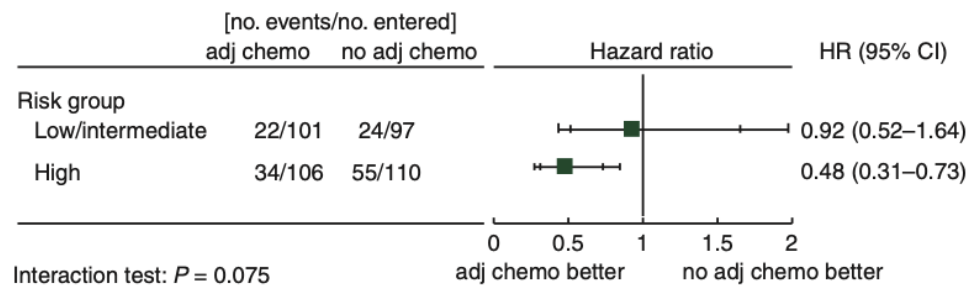
**High-risk: 47%**  
**Intermediate: 38%**  
**Low-risk: 13%**

Figures represent the proportion of patients in ICON1 (2% unknown). Light grey represents low risk (13%); medium grey represents intermediate risk (38%); dark grey represents high risk (47%).

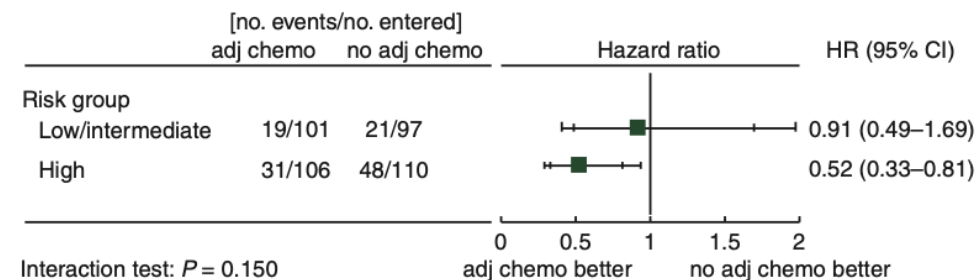
Extended FU from ICON1 confirms that adjuvant chemotherapy should be offered to women with early-stage OC, particularly those with high-risk disease.



**HR = 0.48 (95% CI 0.31–0.73, P < 0.001)**  
**Diff. @10 years: 23%**

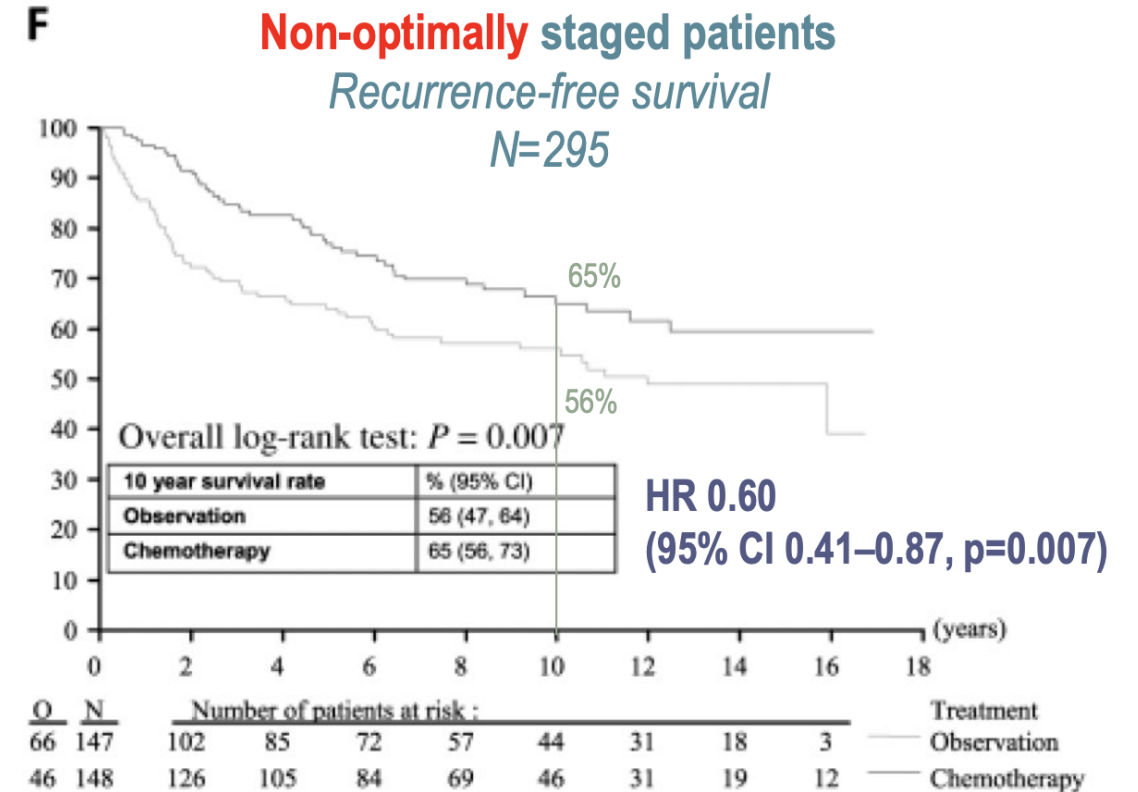
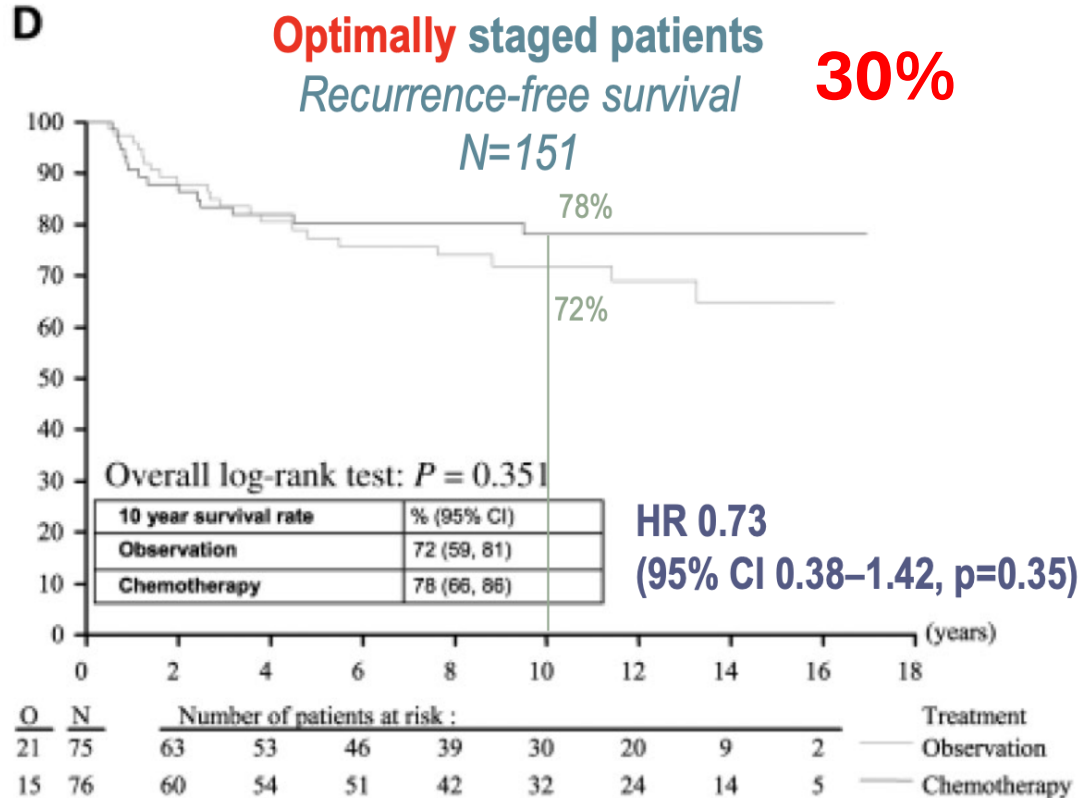


**HR = 0.52 (95% CI 0.33–0.81, P = 0.004)**  
**Diff. @ 10years: 18%**



**Figure 2.** Updated ICON1 results with median follow-up 10 years.

# Impact of surgery on Adjuvant CT ACTION – 10 ys FU



Importance of complete staging!

Trimbos B et al., J Natl Cancer Inst 2010;102:982–987



# ESMO CLINICAL PRACTICE GUIDELINE 2023

## Management of early stage ovarian cancer (FIGO I-II)

### Recommendations

- Surgical staging is recommended in presumed early-stage ovarian cancer for classification and recommendation of optimal systemic therapy [III, A].
- Adjuvant ChT in early-stage ovarian cancer is generally recommended for FIGO stage I-IIb (see exceptions below) [II, A], either paclitaxel—carboplatin [I, B] or carboplatin (six cycles) alone [I, A].

| Histologies                   | Stage IA | Stage IB/C1 | Stage IC2-3 | Stage IIA |
|-------------------------------|----------|-------------|-------------|-----------|
| HGSOC                         | Yes      | Yes         | Yes         | Yes       |
| high-grade Endometrioid (G3)  | Yes      | Yes         | Yes         | Yes       |
| LGSOC                         | No       | Option*     | Option*     | Yes       |
| Low-grade Endometrioid (G1/2) | No       | Option*     | Yes         | Yes       |
| Expansile Mucinous (G1/2)     | No       | Option*     | Option*     | Yes       |
| Infiltrative Mucinous (G3)    | No       | Yes         | Yes         | Yes       |
| Clear cell                    | Option*  | Option*     | Yes         | Yes       |

# ADJUVANT CHEMOTHERAPY





- Both regimens, **Carboplatin** mono and **Carboplatin + Paclitaxel** are used
- The addition of Paclitaxel leads to significantly more toxicity, including long term toxicity like PNP
- NO answer by data from ICON1 & ACTION
  - ✓ Non-randomized for this question
  - ✓ Single agent platin most frequently used in ICON1 & the pooled analysis of ICON1 & ACTION



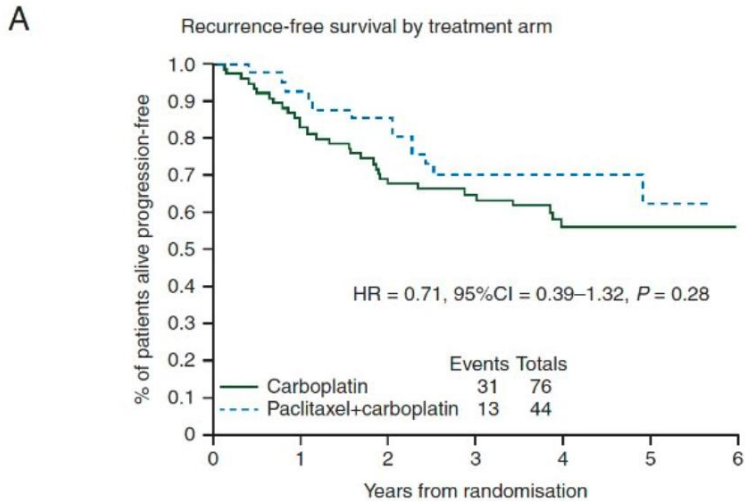
**Choice of optimal adj CT regimen & duration of treatment in early stage EOC remains a subject of continuing debate**



# Only limited data available

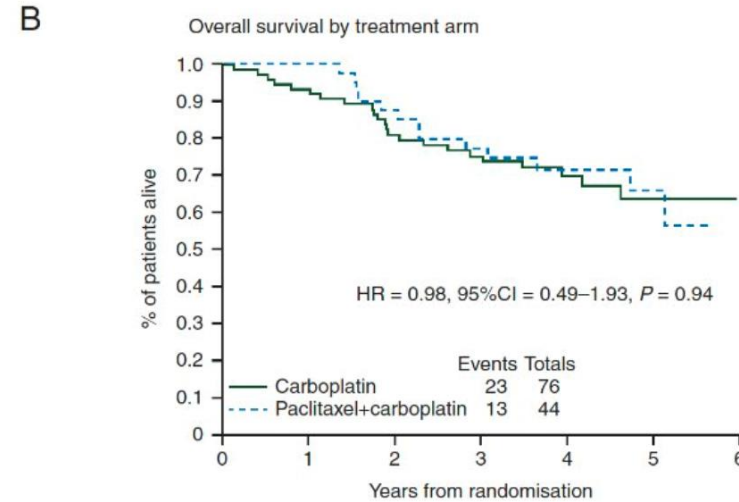
## ICON3 – STAGE I PATIENTS (N=120; 6%)

### 6x Carboplatin vs 6x Carboplatin/Paclitaxel



Patients at risk

|                           | 0  | 1  | 2  | 3  | 4  | 5  | 6 |
|---------------------------|----|----|----|----|----|----|---|
| Carboplatin 76            | 76 | 62 | 48 | 45 | 25 | 12 | 1 |
| Paclitaxel+carboplatin 44 | 44 | 38 | 34 | 26 | 20 | 7  | 0 |



Patients at risk

|                           | 0  | 1  | 2  | 3  | 4  | 5  | 6 |
|---------------------------|----|----|----|----|----|----|---|
| Carboplatin 76            | 76 | 70 | 57 | 52 | 30 | 12 | 1 |
| Paclitaxel+carboplatin 44 | 44 | 41 | 35 | 29 | 21 | 8  | 0 |

|                  | Carboplatin (N=76) | Carboplatin/paclitaxel (N=44) |
|------------------|--------------------|-------------------------------|
| <b>Number</b>    | n (%)              | n (%)                         |
| <b>Age</b>       |                    |                               |
| <55              | 27 (36)            | 21 (48)                       |
| 55-65            | 29 (38)            | 10 (23)                       |
| >65              | 20 (26)            | 13 (30)                       |
| <b>Histology</b> |                    |                               |
| Serous           | 30 (39)            | 20 (45)                       |
| Mucinous         | 8 (11)             | 3 (7)                         |
| Endometrioid     | 18 (24)            | 9 (20)                        |
| Clear cell       | 14 (18)            | 8 (18)                        |
| Undifferentiated | 2 (3)              | 0                             |
| Other            | 4 (5)              | 4 (9)                         |
| <b>Grade</b>     |                    |                               |
| Poor             | 26 (34)            | 15 (34)                       |
| Moderate         | 35 (46)            | 12 (27)                       |
| Well             | 12 (16)            | 15 (34)                       |
| Unknown          | 3 (4)              | 2 (5)                         |

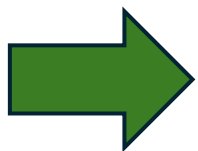
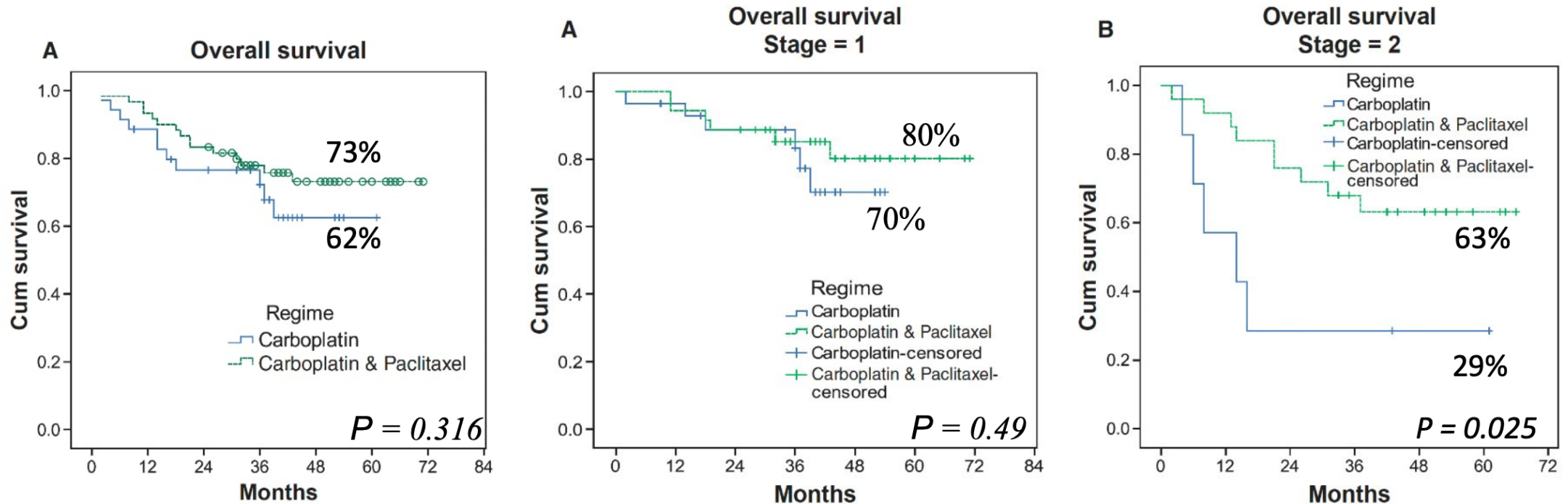
- Small samples size
- Exploratory subgroup analysis
- HR<sub>RFS</sub> of 0.71 supports combination
- Wide confidence intervals & lack of signal for OS argue against it

→ the optimal chemotherapy regimen for early stage EOC remains an open question (in clinical practice both are used)



# Retrospective single center experience (n=95, non-randomized)

Serous 39%, endometrioid 30%, clear cell 23% and mucinous 8%



**Conclusions** Combination therapy is administered more often than carboplatin; especially in those with younger age, better PS and nonmucinous histology. Recurrence and death rates were similar with both treatments. Well-designed trials are needed to identify the optimum chemotherapy regimen in this group.

# ADJUVANT CHEMOTHERAPY

How long?



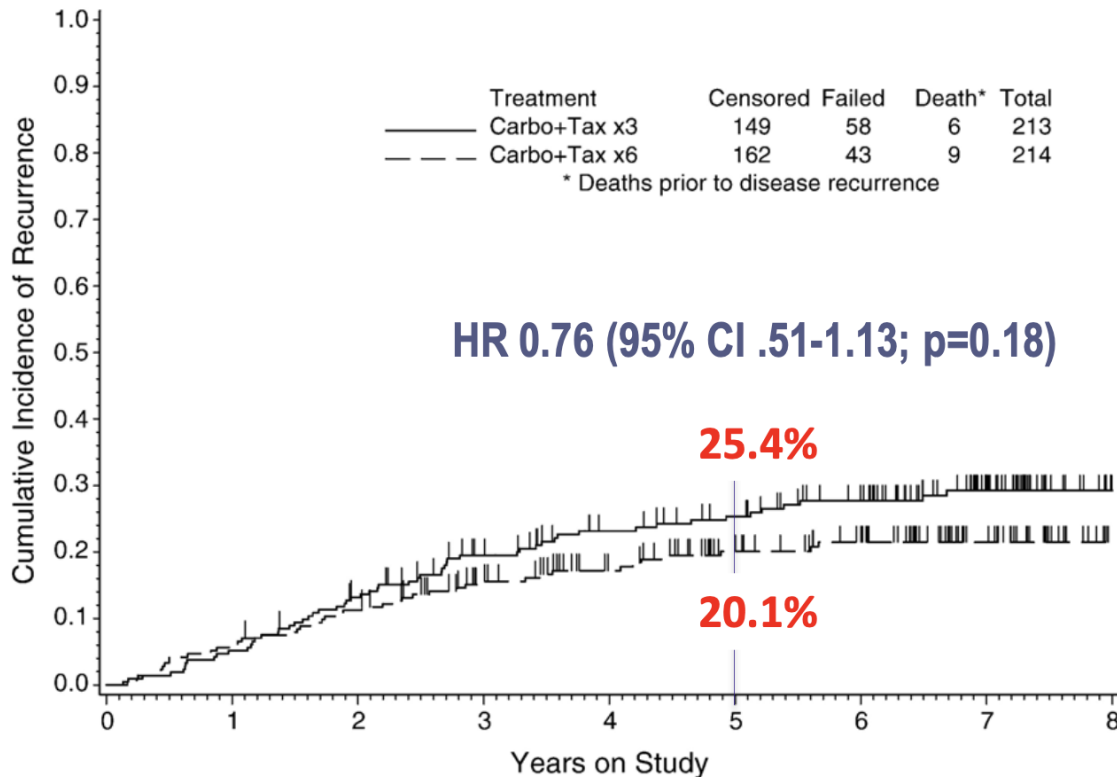
# GOG 157: DURATION OF ADJUVANT CHEMOTHERAPY (N=427)

**3 versus 6 cycles** of Carboplatin (AUC7.5)/Paclitaxel (175) q3w

**Stage IA/B G3, IC & II**

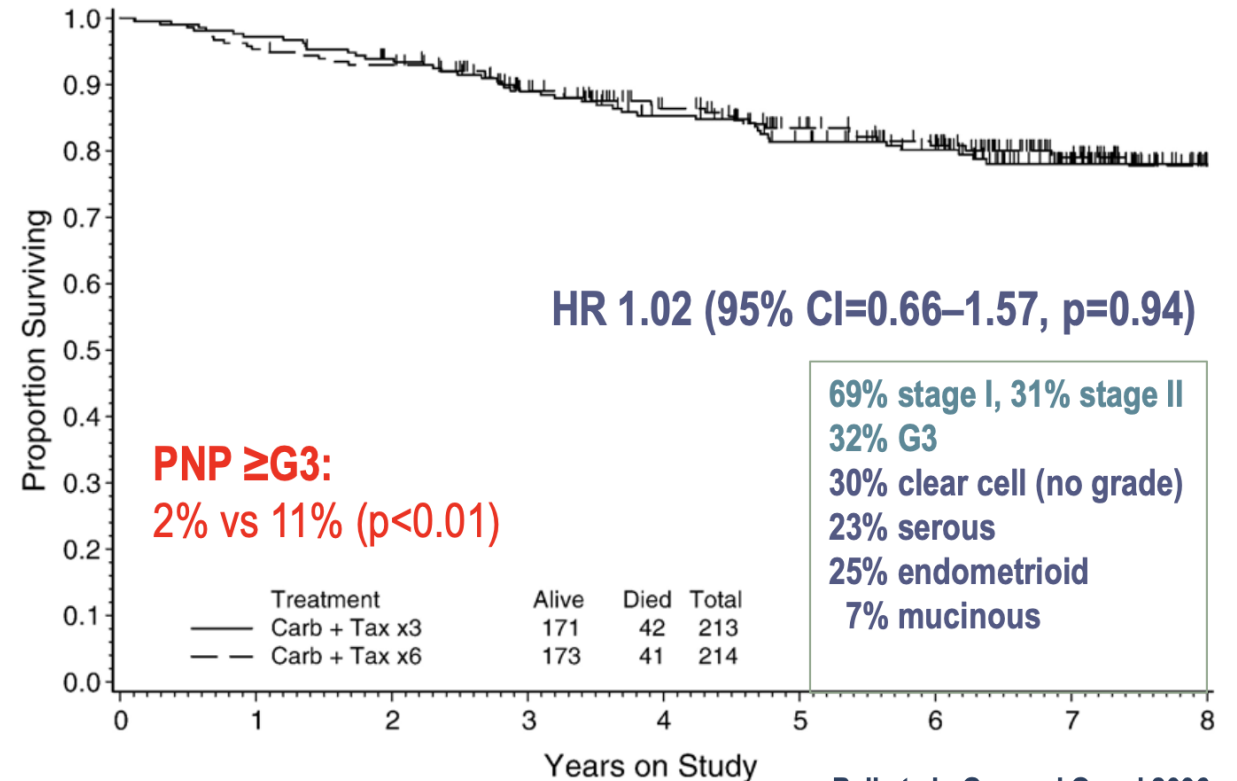
## Cumulative Incidence of Recurrence

By Randomized Treatment including Surgical Exclusions



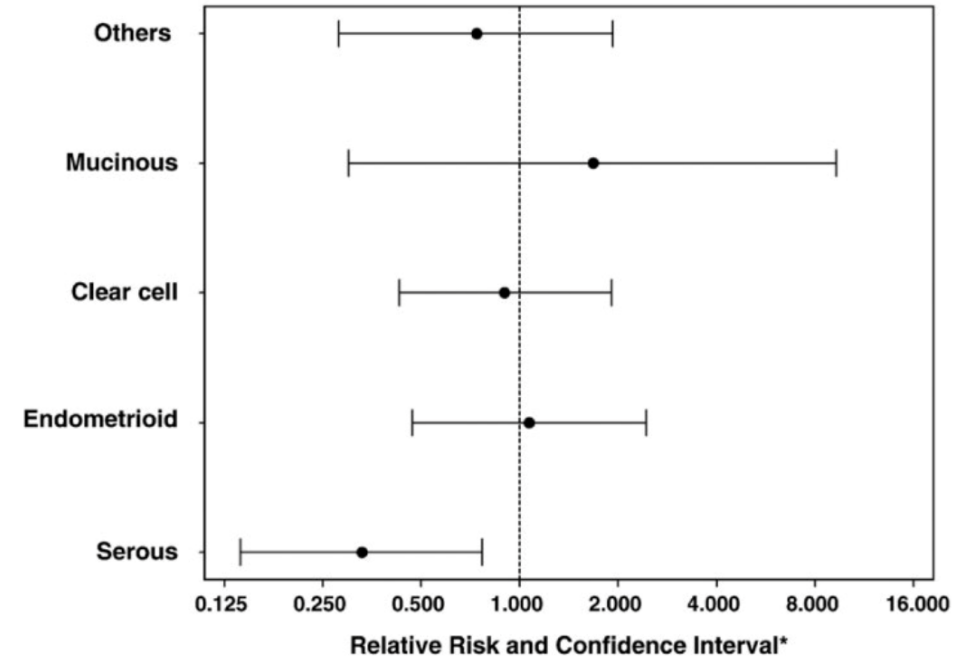
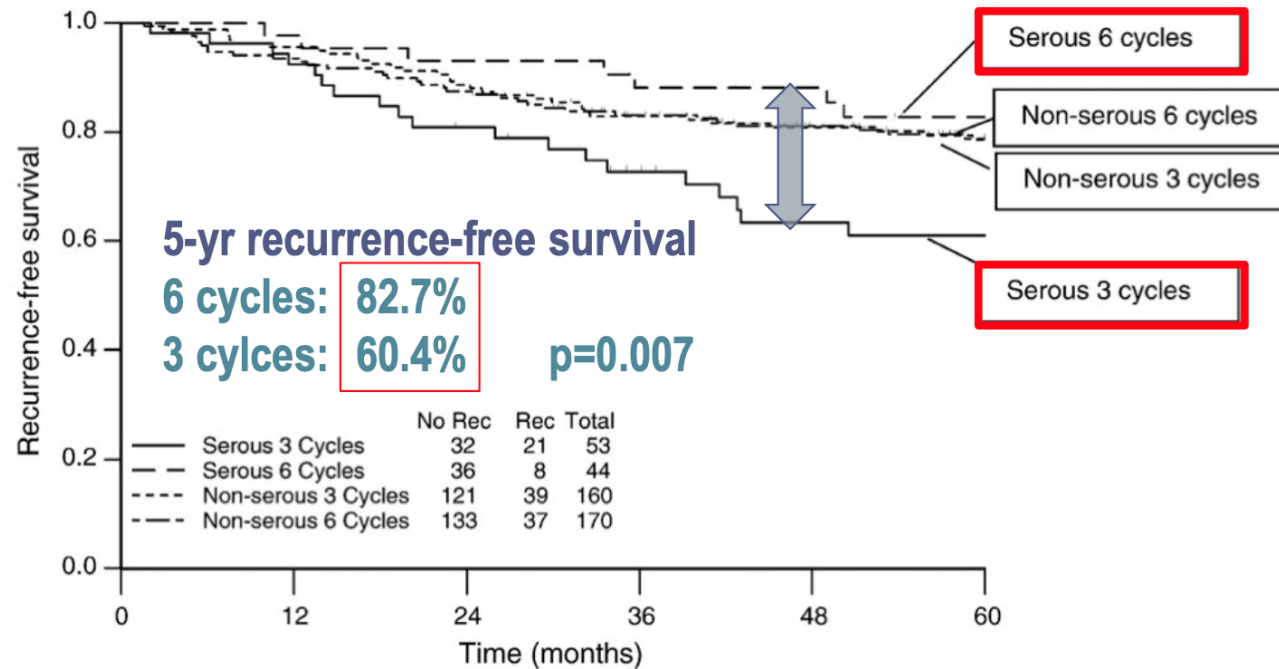
## Overall Survival

By Randomized Treatment Group



# GOG 157: DURATION OF ADJUVANT CHEMOTHERAPY (N=427)

## Outcomes by histotype



# ESMO CLINICAL PRACTICE GUIDELINE 2023

## Management of early stage ovarian cancer (FIGO I-II)

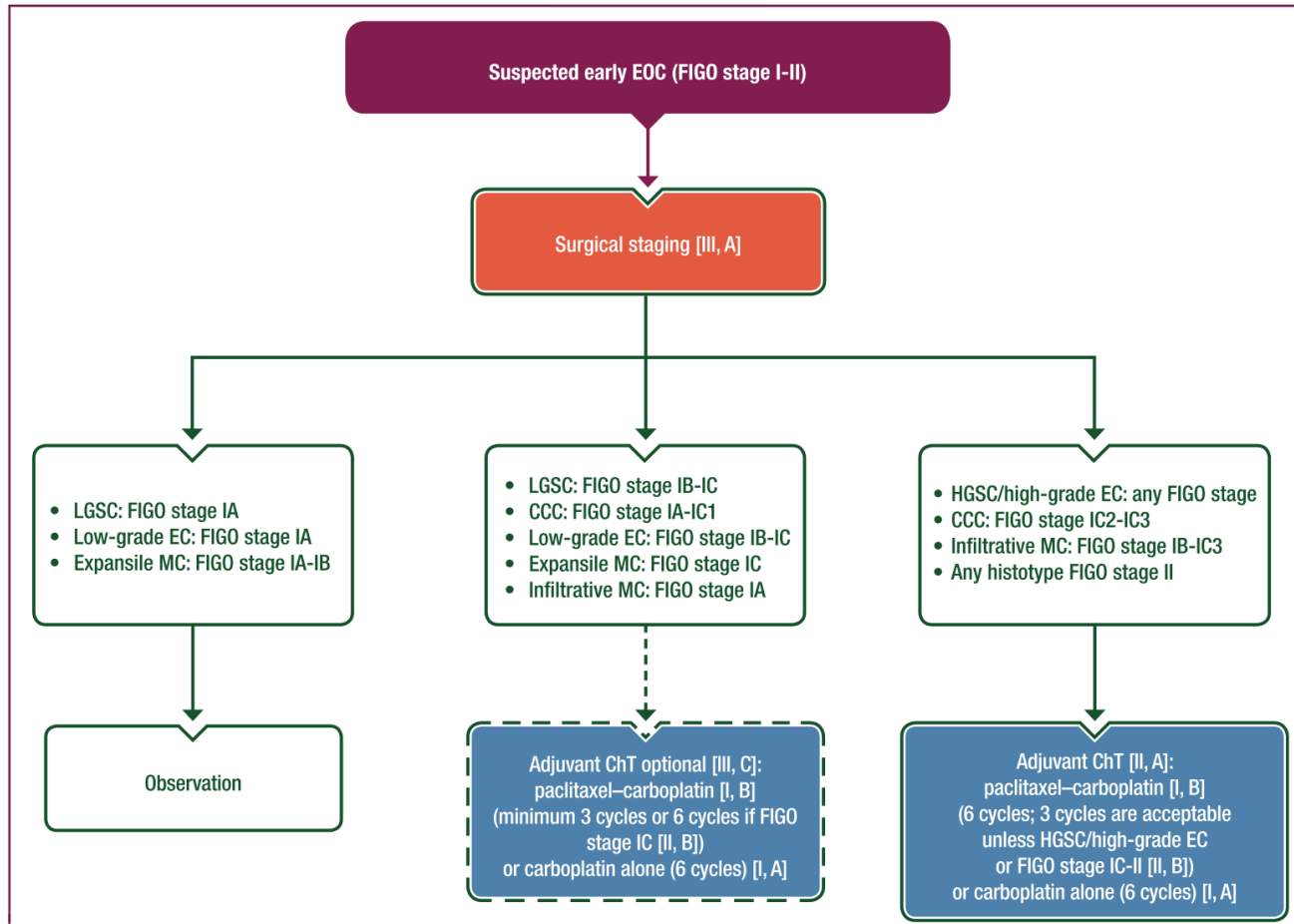


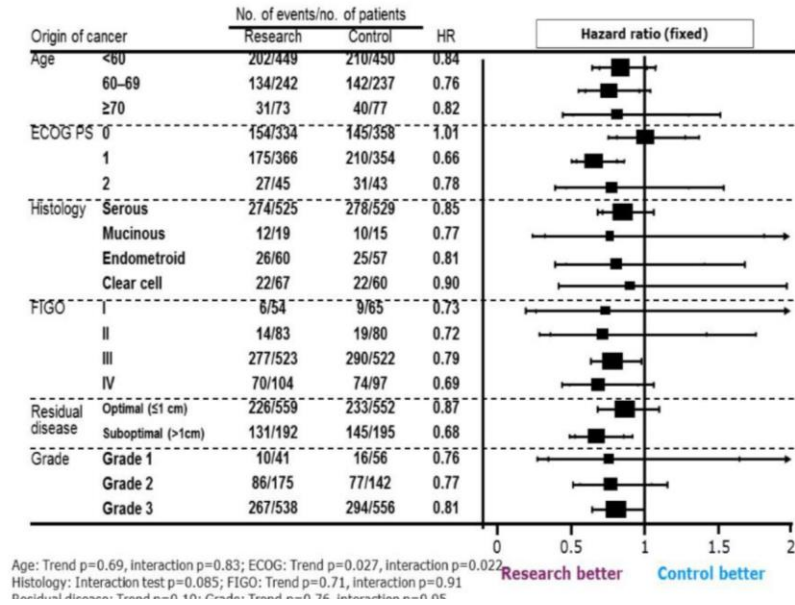
Figure 1. Management of early EOC (FIGO stage I-II).

### Recommendations

- Surgical staging is recommended in presumed early-stage ovarian cancer for classification and recommendation of optimal systemic therapy [III, A].
- Adjuvant ChT in early-stage ovarian cancer is generally recommended for FIGO stage I-IIB (see exceptions below) [II, A], either paclitaxel-carboplatin [I, B] or carboplatin (six cycles) alone [I, A].
- For patients receiving paclitaxel-carboplatin, a minimum of three cycles are recommended except for HGSC/high-grade EC or any stage IC-II regardless of histotype, for which six cycles are suggested [II, B].
- The benefit of adjuvant ChT is uncertain and can be considered as optional [III, C] for:
  - o LGSC stage IB-IC
  - o CCC stage IA-IC1
  - o Low-grade EC stage IB-IC
  - o Expansile MC stage IC
  - o Infiltrative MC stage IA
- Adjuvant ChT is not recommended in completely staged patients with LGSC stage IA, low-grade EC stage IA or expansile MC stage IA-IB [II, E].

# ALTERNATIVE TO CT ALONE?

## Subgroup analysis of PFS



## Final OS by histology

| Subgroup                | Restricted mean |          | Median, months |          | HR (95% CI)      | Events/n | Research better | Control better |
|-------------------------|-----------------|----------|----------------|----------|------------------|----------|-----------------|----------------|
|                         | Control         | Research | Control        | Research |                  |          |                 |                |
| All patients            | 44.6            | 45.5     | 58.6           | 58.0     | 0.99 (0.85-1.14) | 714/1528 |                 |                |
| High-grade serous       | 43.9            | 44.9     | 53.5           | 52.4     | 0.99 (0.81-1.21) | 380/743  |                 |                |
| Low-grade serous        | 45.5            | 46.0     | 58.4           | 59.1     | 0.95 (0.69-1.31) | 153/335  |                 |                |
| Clear cell stage I/II   | 53.9            | 53.7     | NR             | 66.9     | 1.59 (0.57-4.48) | 15/81    |                 |                |
| Clear cell stage III/IV | 35.1            | 36.6     | 31.8           | 30.7     | 0.80 (0.39-1.66) | 29/46    |                 |                |
| Clear cell              | 48.5            | 46.7     | NR             | 66.9     | 1.15 (0.64-2.09) | 44/127   |                 |                |

## Place for parp inhibitors?

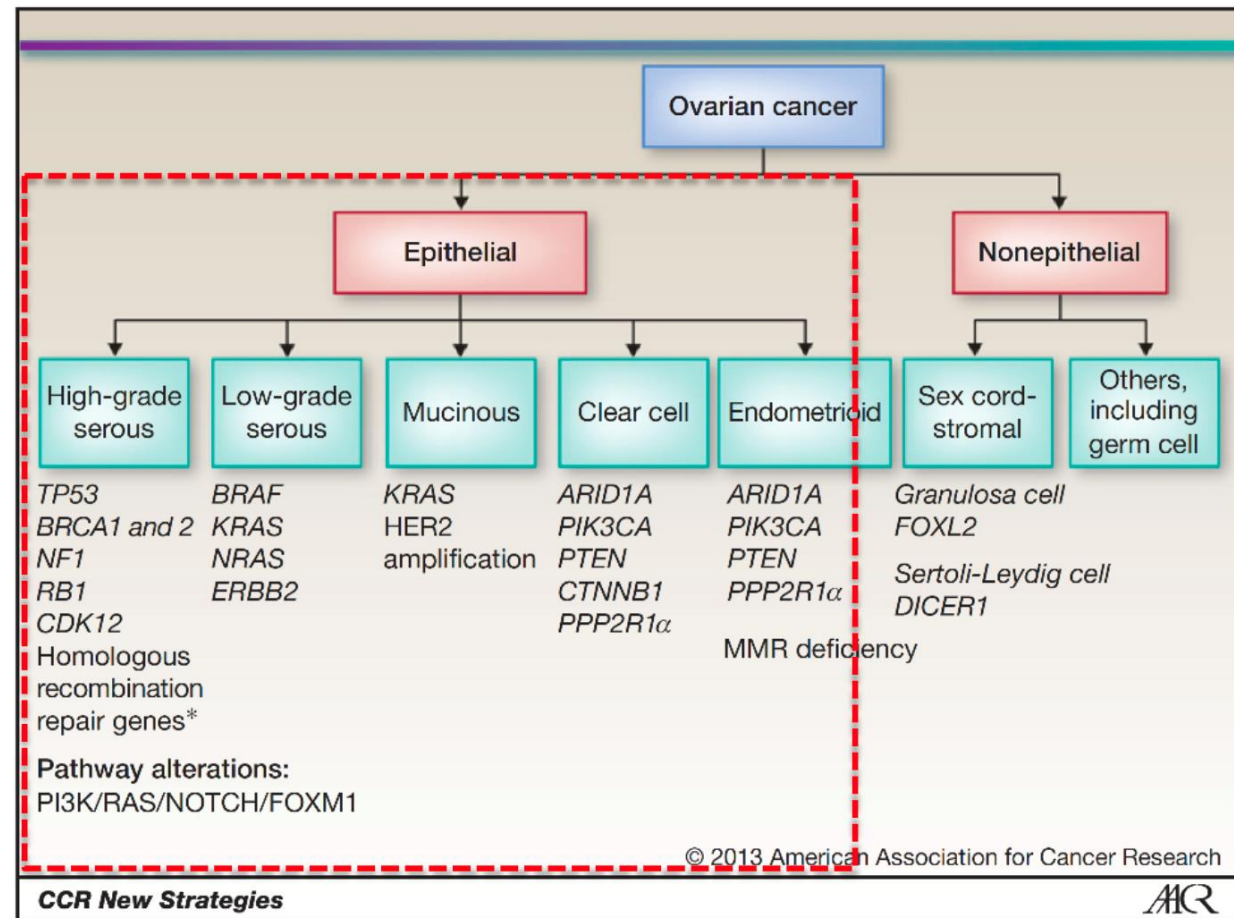
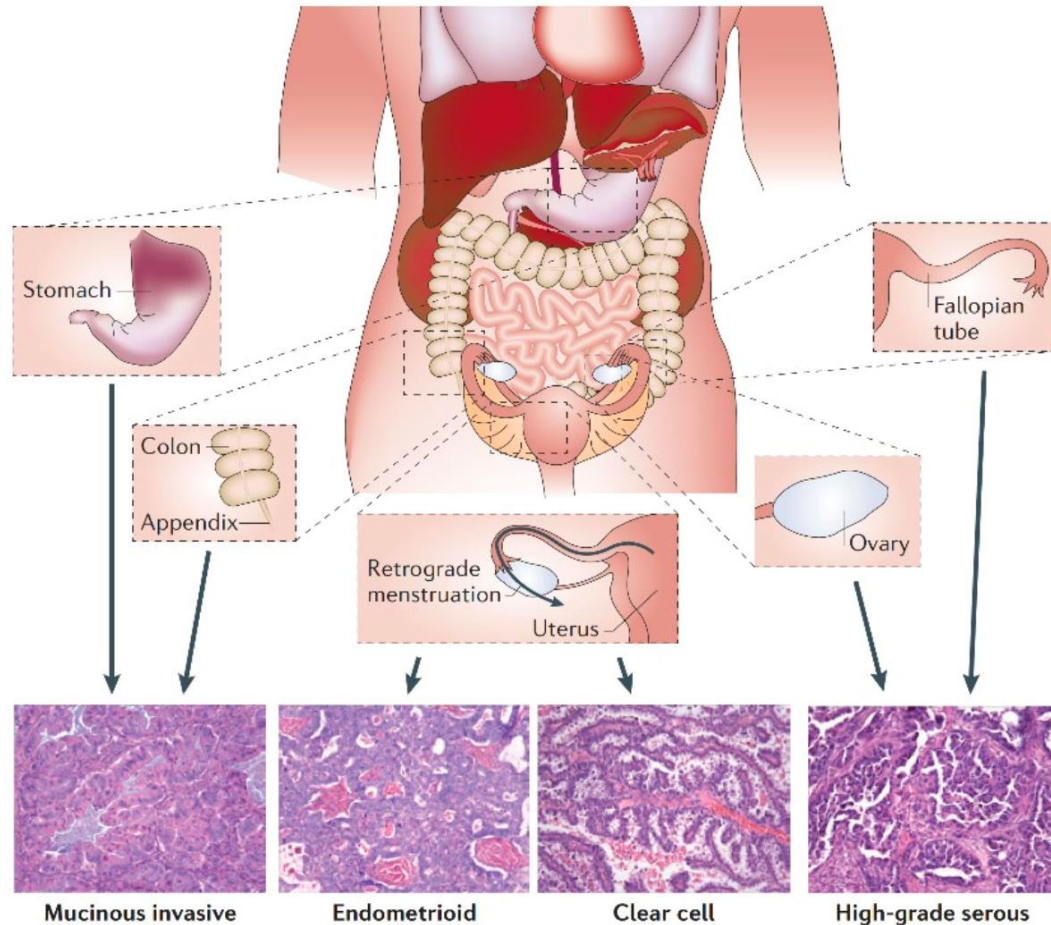
- Challenges
- Efficacy versus safety compared to CT
- Duration of therapy
- Alternative to CT versus maintenance
- Standard CT?

**Impact of  
Histology?**



# HETEROGENEITY OF OVARIAN CANCER: HISTOLOGY

EOC is a heterogenous group of tumours with distinctly different underlying biology, behaviour, patterns of spread, prognosis & therapeutic targets



Vaughan S et al., Nat Rev Cancer. 2011 Sep 23;11(10):719-25  
Banerjee S et al. Clin Cancer Res. 2013 Mar 1;19(5):961-8



- ICON1 & ACTION are a **mixed bag of heterogenous tumors**
- **Rarer histologies have higher representation** compared to trials in advanced stages
- as they are more frequently diagnosed in earlier stages
- Information of histology limited by **lack of central review** & changes of the classification over time
- No distinction made here between **low-grade & high-grade serous EOC**

**Baseline Characteristics of the pooled analysis of ICON1 & ACTION**

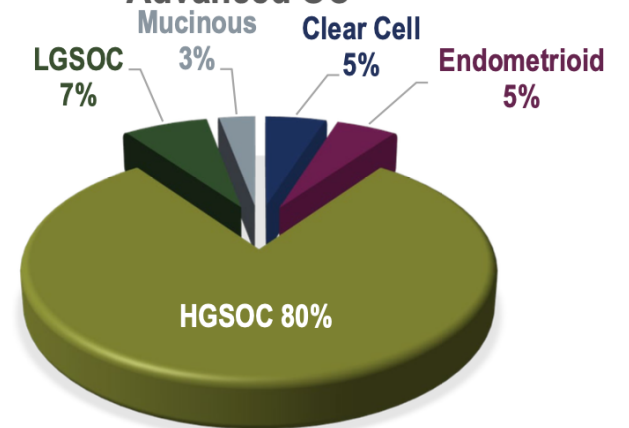
93% stage I

33% serous  
20% mucinous  
24% endometrioid  
14% clear cell

21% G1  
45% G2  
30% G3

Only ~ 1/3 serous  
Only ~ 1/3 high-grade

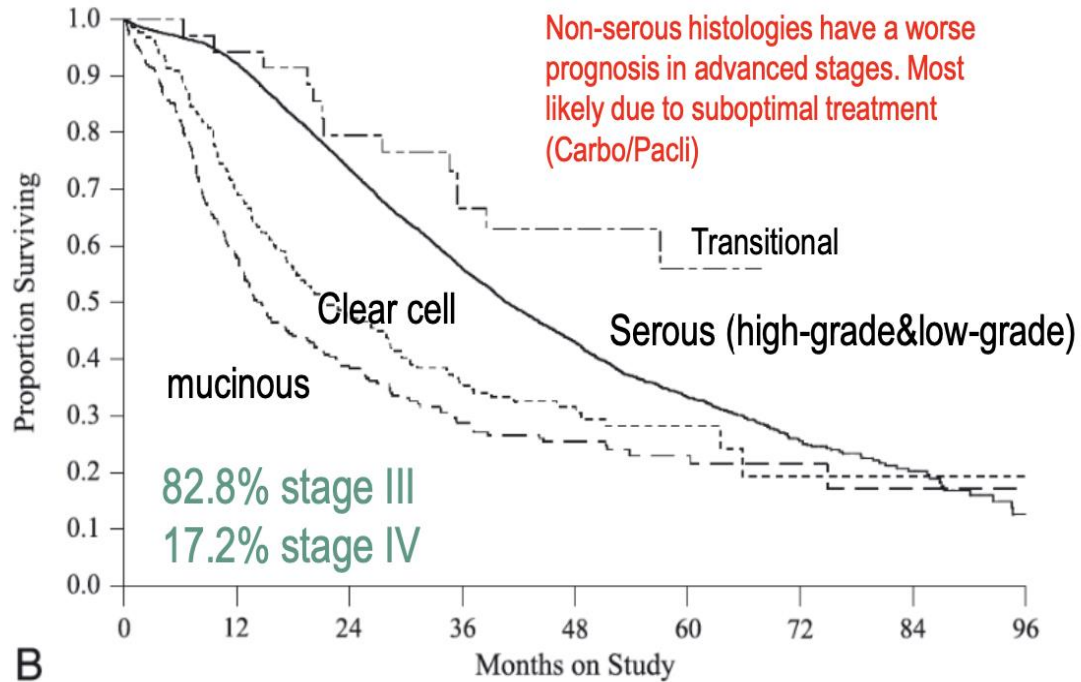
**histol. Subtypes AGO-OVAR3  
Advanced OC**



Kommos S et al.,  
Br J Cancer. 2016  
Oct 11;115(8):993-999

# Survival by Histotype: advanced versus early stage EOC

## Advanced stage EOC FIGO III-IV overall survival by histology

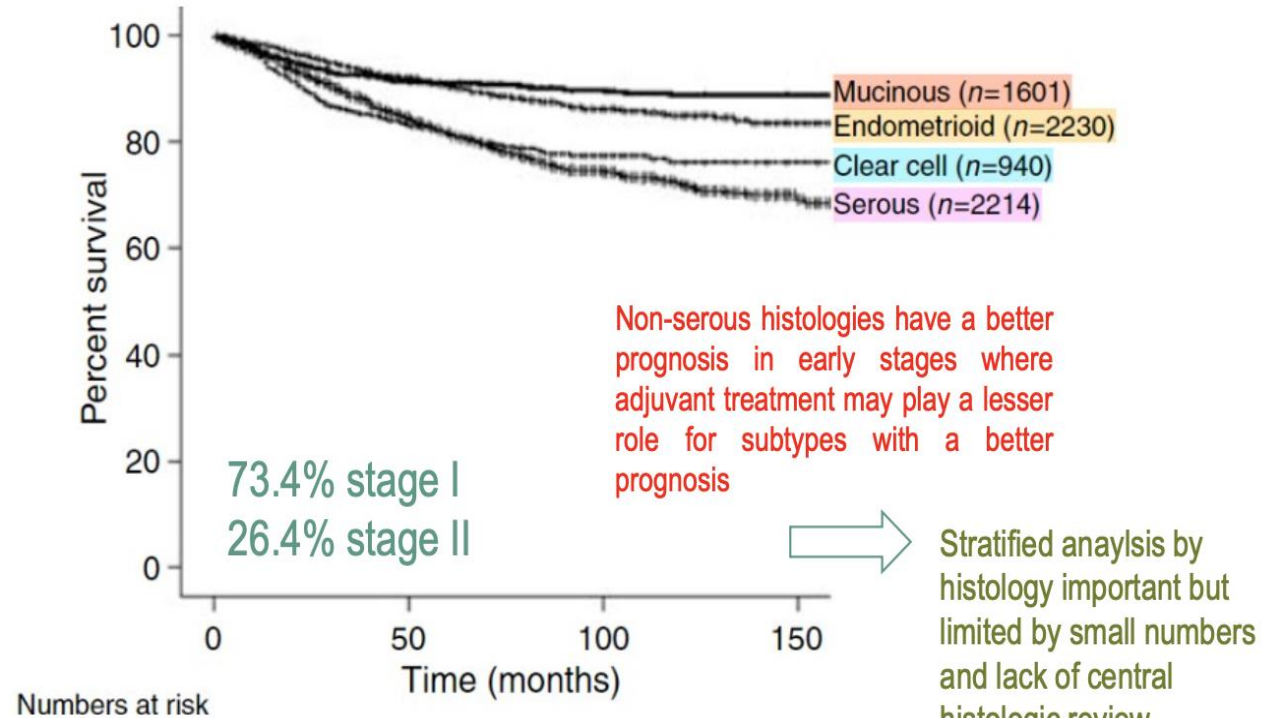


B

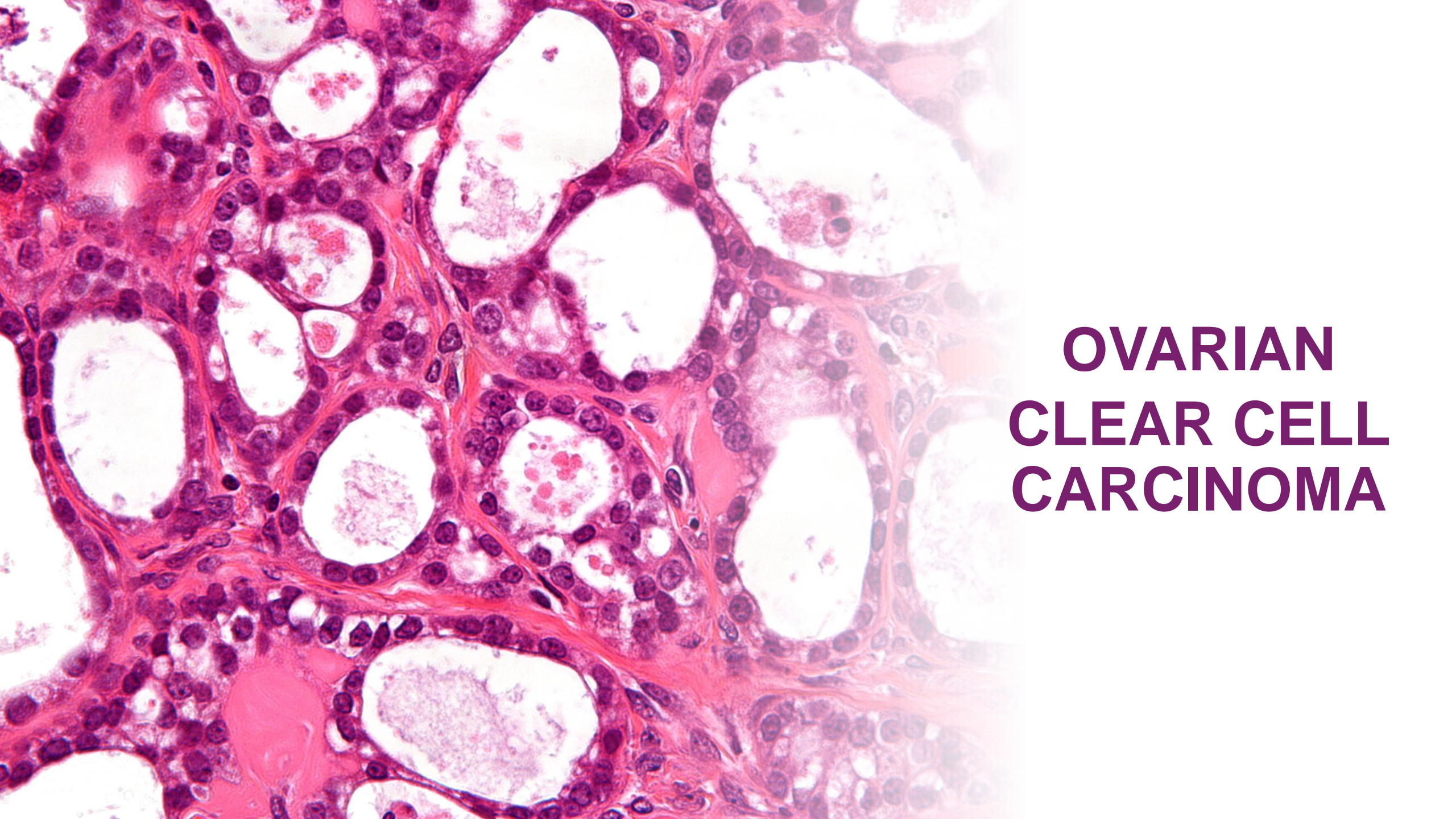
Data on 8704 women with **stage III/IV** EOC from 7 randomized trials

Mackay HE et al., Int J Gynecol Cancer. 2010 Aug;20(6):945-52

## Early stage EOC FIGO IA-II Disease-specific survival by histology



Chan KJ et al., BJC (2008) 98, 1191 – 1196

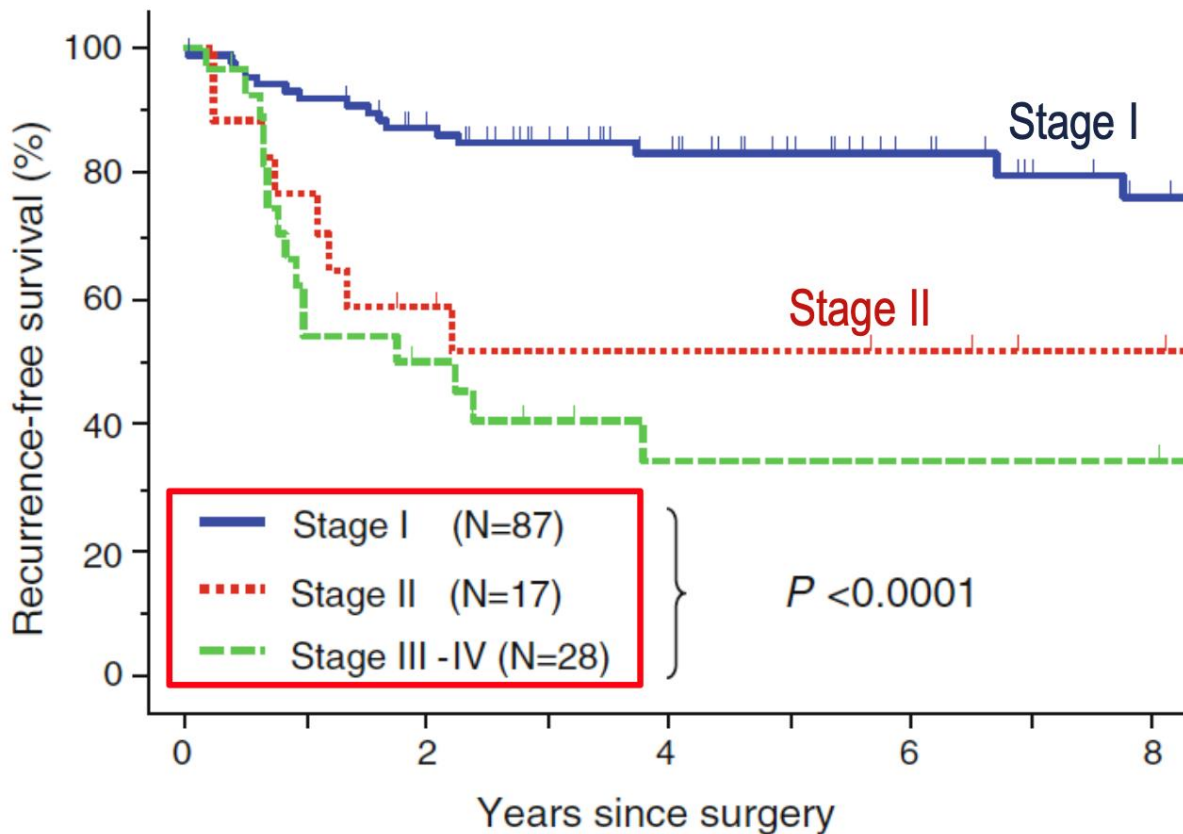


**OVARIAN  
CLEAR CELL  
CARCINOMA**

# OCCC

## PROGNOSIS: Population-based regional study 1986-2011 (n=132)

No chemo: 7.6%; platinum: 34.1%; platinum + taxane 58.3%



› Multivariate only stage IC2/3 prognostic

**Table 2** Multivariable analyses of clinicopathological parameters in relation to recurrence-free survival of stage I patients

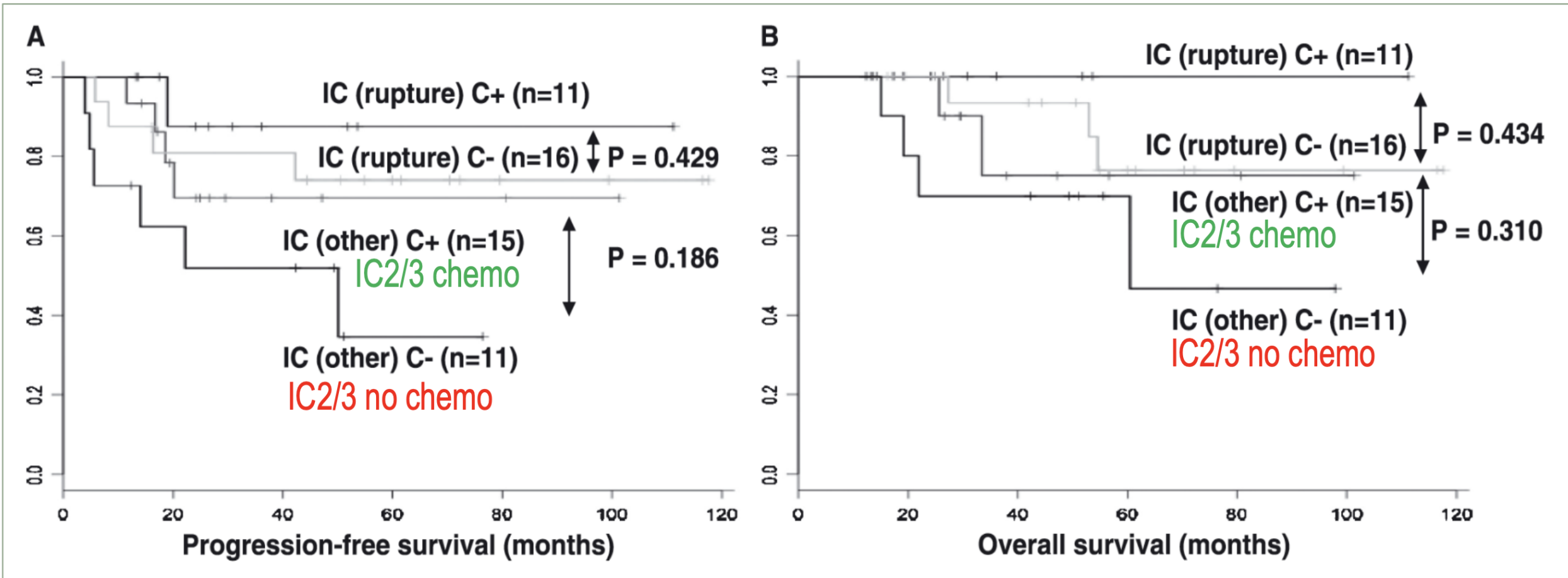
|                                 | Recurrence-free survival |          |
|---------------------------------|--------------------------|----------|
|                                 | Hazard ratio (95 % CI)   | <i>P</i> |
| Total                           |                          |          |
| Age                             |                          |          |
| <40                             | 1                        |          |
| ≥40                             | 0.903 (0.272–3.001)      | 0.8677   |
| FIGO stage                      |                          |          |
| IA                              | 1                        |          |
| IC(r)                           | 0.948 (0.139–6.448)      | 0.9565   |
| IC(non-r)                       | 9.394 (1.445–61.070)     | 0.0190   |
| Preoperative CA125 value (U/ml) |                          |          |
| ≤35 or unknown                  | 1                        |          |
| >35                             | 3.892 (0.835–18.145)     | 0.0836   |
| Surgery                         |                          |          |
| Radical                         | 1                        |          |
| Conservative                    | 1.046 (0.258–4.235)      | 0.9498   |
| Chemotherapy                    |                          |          |
| Taxane plus platinum            | 1                        |          |
| Conventional platinum-based     | 1.184 (0.385–3.636)      | 0.7684   |
| None                            | 1.633 (0.133–20.044)     | 0.7014   |

IC(r) patients who had only intraoperative capsule rupture (no surface involvement and negative cytology); IC(non-r) as IC excluding IC(r), including patients with preoperative capsule rupture, or surface involvement irrespective of cytological washings/ascites

# OCCC stage I

## Role of Adjuvant Chemotherapy (n=73)

no chemo: n= 43; chemo: n=30

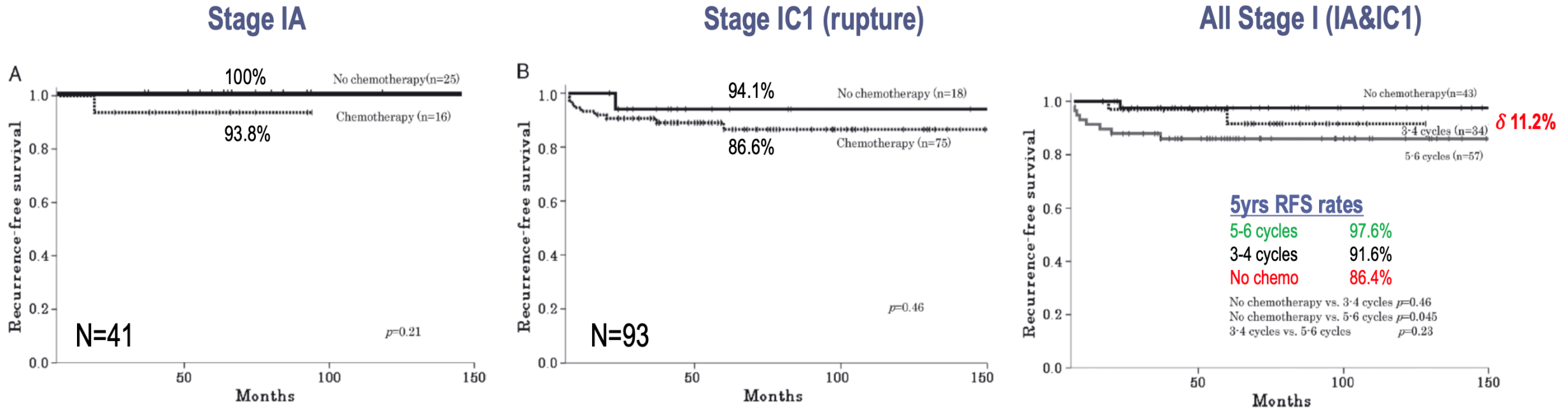


Very, very, very small numbers....

# OCCC stage I

## Role of Adjuvant Chemotherapy; 1991-2007 (n=185)

Stage IA & IC1: no chemo: n= 43; chemo: n=91



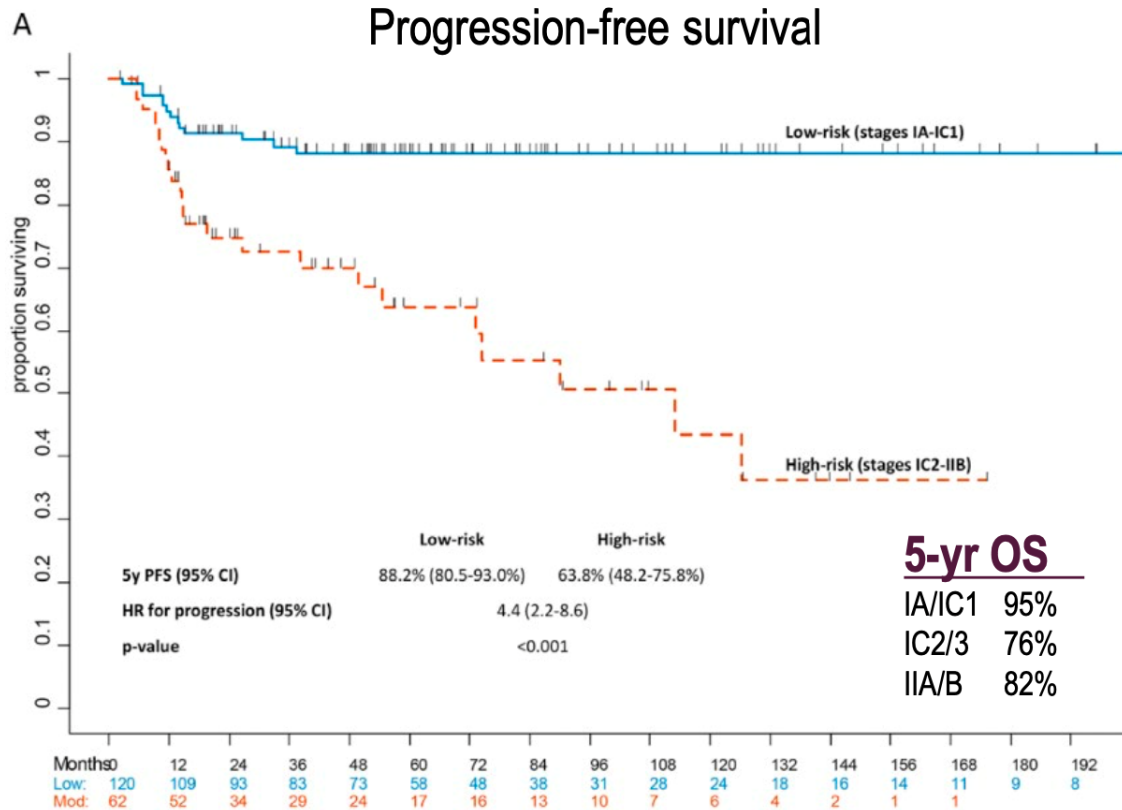
Completely staged OCCC with stage IA/IC1 has an excellent prognosis,  
 → regardless of chemotherapy

# OCCC Early stage

## Risk Stratification

Retrospective MSKCC 1996 – 2020 (n=182)

MMR & TP53 etc.



**MMRd 7.3%**

not associated with PFS/OS  
 $HR_{PFS} 0.75 (0.10 - 5.68, p=0.82)$

**TP53mut 4.5%**

significantly associate with PFS/OS  
 **$HR_{PFS} 0.06 (0.02 - 0.25, p<0.001)$**   
 in favour of wildtype

**Adj. CHT 91.2%**

not associatedd with PFS/OS  
 $HR_{PFS} 1.40 (0.34 - 5.86, p=0.69)$   
 stage 1A/IC1 CHT vs observation: 94% vs 100% OS

**Endometrioses 67%**

not associatedd with PFS/OS  
 $HR_{PFS} 1.52 (0.73 - 3.14, p=0.26)$

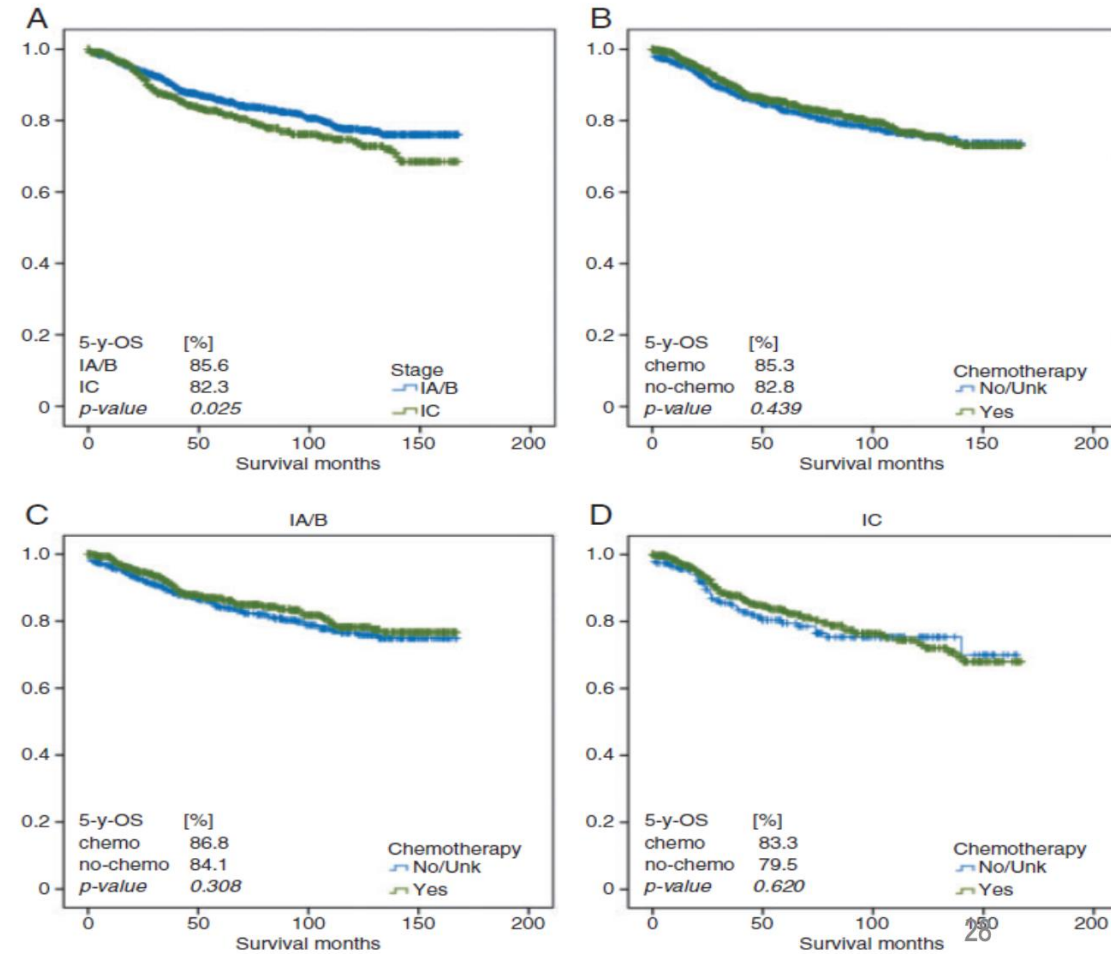
Fertility sparing in 9 pts. None had recurrence, 5 pregnancies

**Abberant p53 expression may portend worse outcomes**

# OCCC Early stage SEER database

- n=1995 stage I OCCC
- 69% adjuv. CHT
- Stage IA ≠ IC

**NO IMPACT of CT on OS (all substages)!**



**No distinction between stage IC1 and IC2/3**

Oseledchik et al, Ann Oncol 2018





# ESMO CLINICAL PRACTICE GUIDELINE 2023

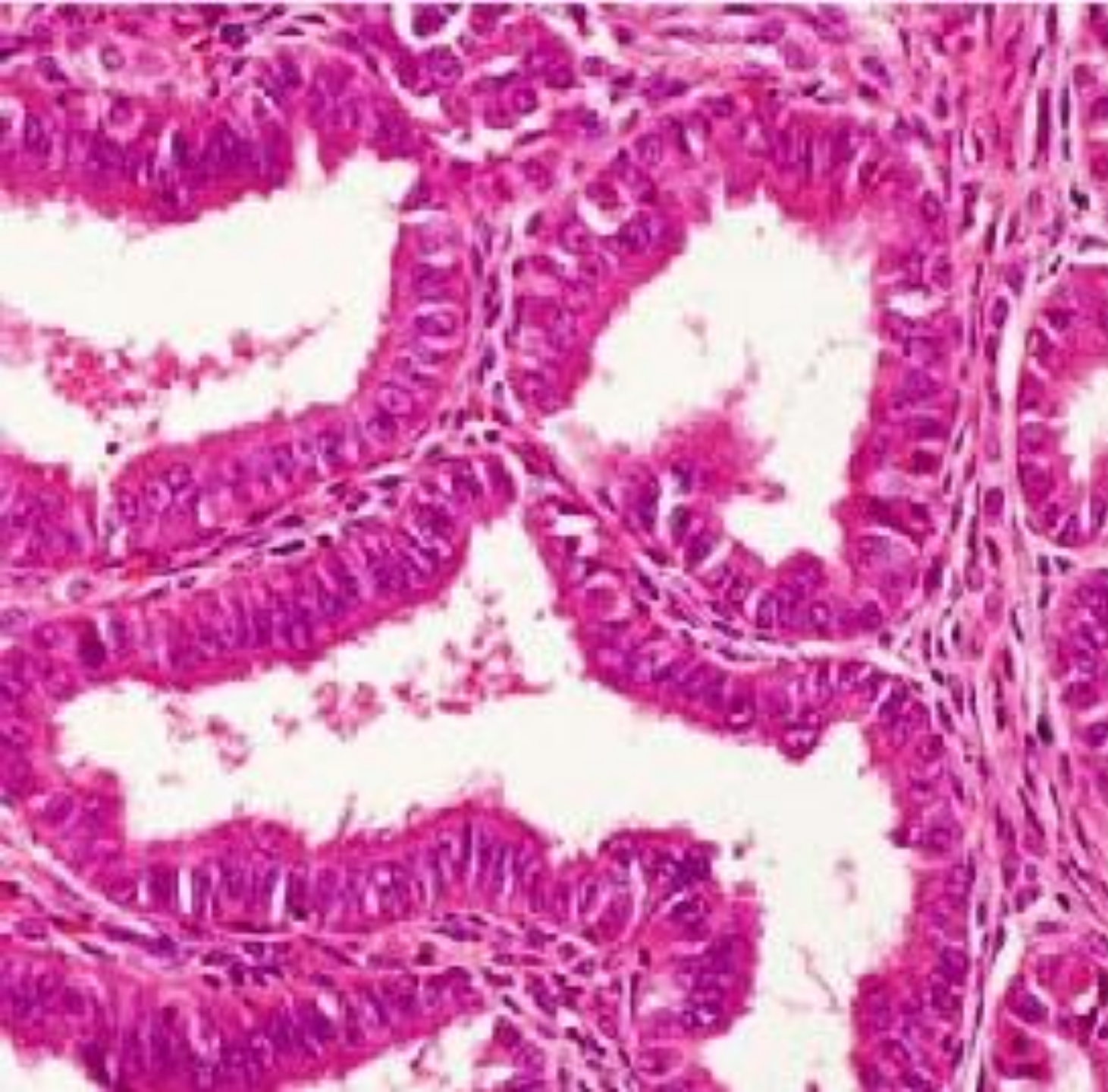
## Management of early stage ovarian cancer (FIGO I-II)

### ***Recommendations***

- The benefit of adjuvant ChT is uncertain and can be considered as optional [III, C] for:
  - LGSC stage IB-IC
  - CCC stage IA-IC1

| Histologies | Stage IA | Stage IB/C1 | Stage IC2-3 | Stage IIA |
|-------------|----------|-------------|-------------|-----------|
| Clear cell  | Option*  | Option*     | Yes         | Yes       |

\* Consider no adjuvant chemotherapy only for patients with complete surgical staging



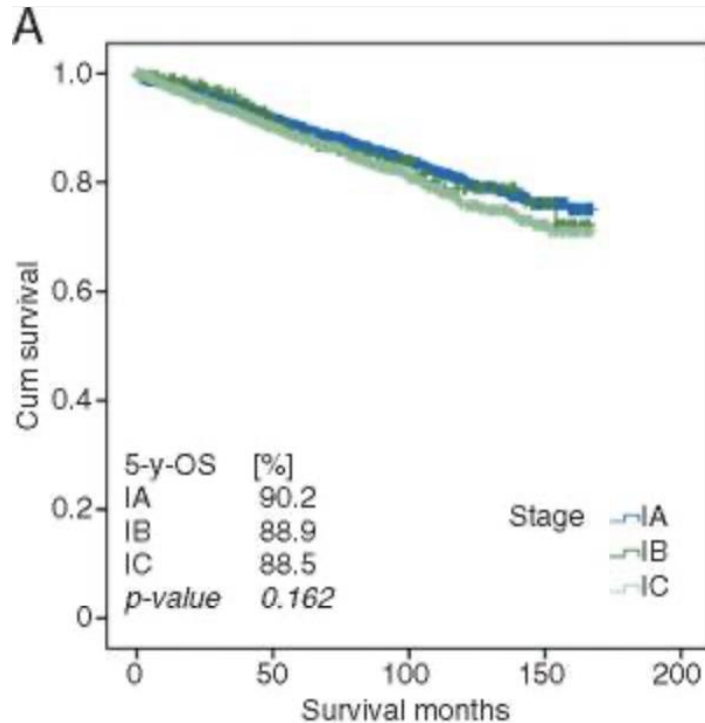
**ENDOMETRIOID  
OVARIAN  
CANCER**

# EARLY STAGE ENDOMETRIOID OVARIAN CANCER: PROGNOSIS

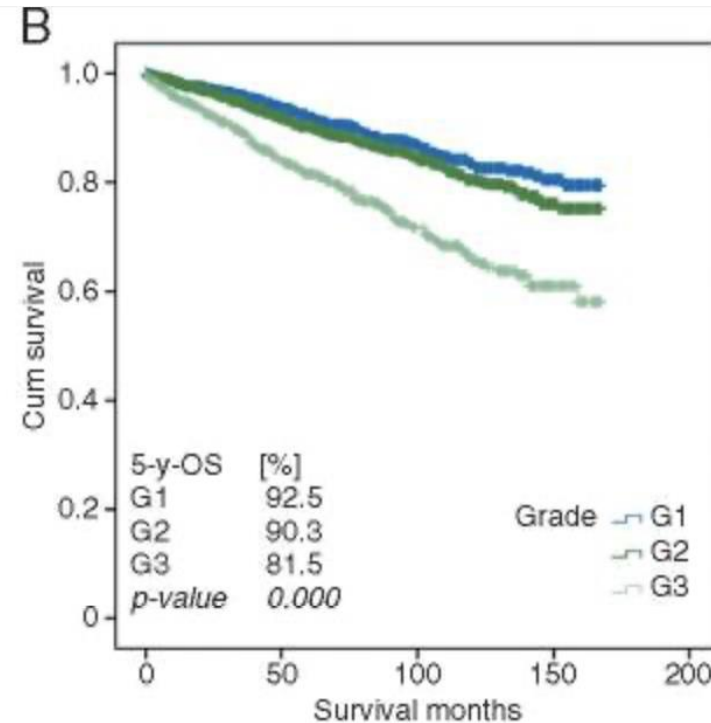
## SEER database

- n = 3552 stage I EEOC
- 45% adjuv. CHT

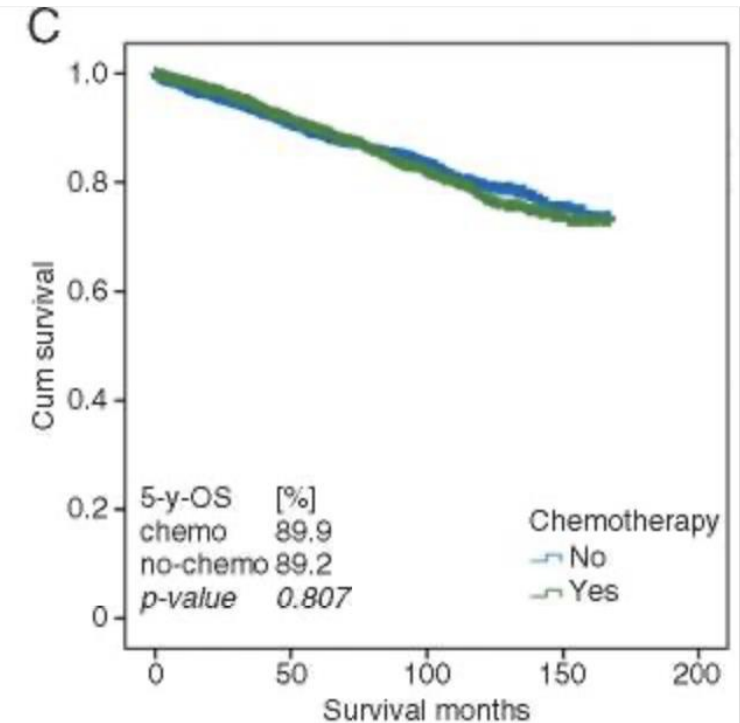
### Overall Survival by Substage



### Overall Survival by Grade

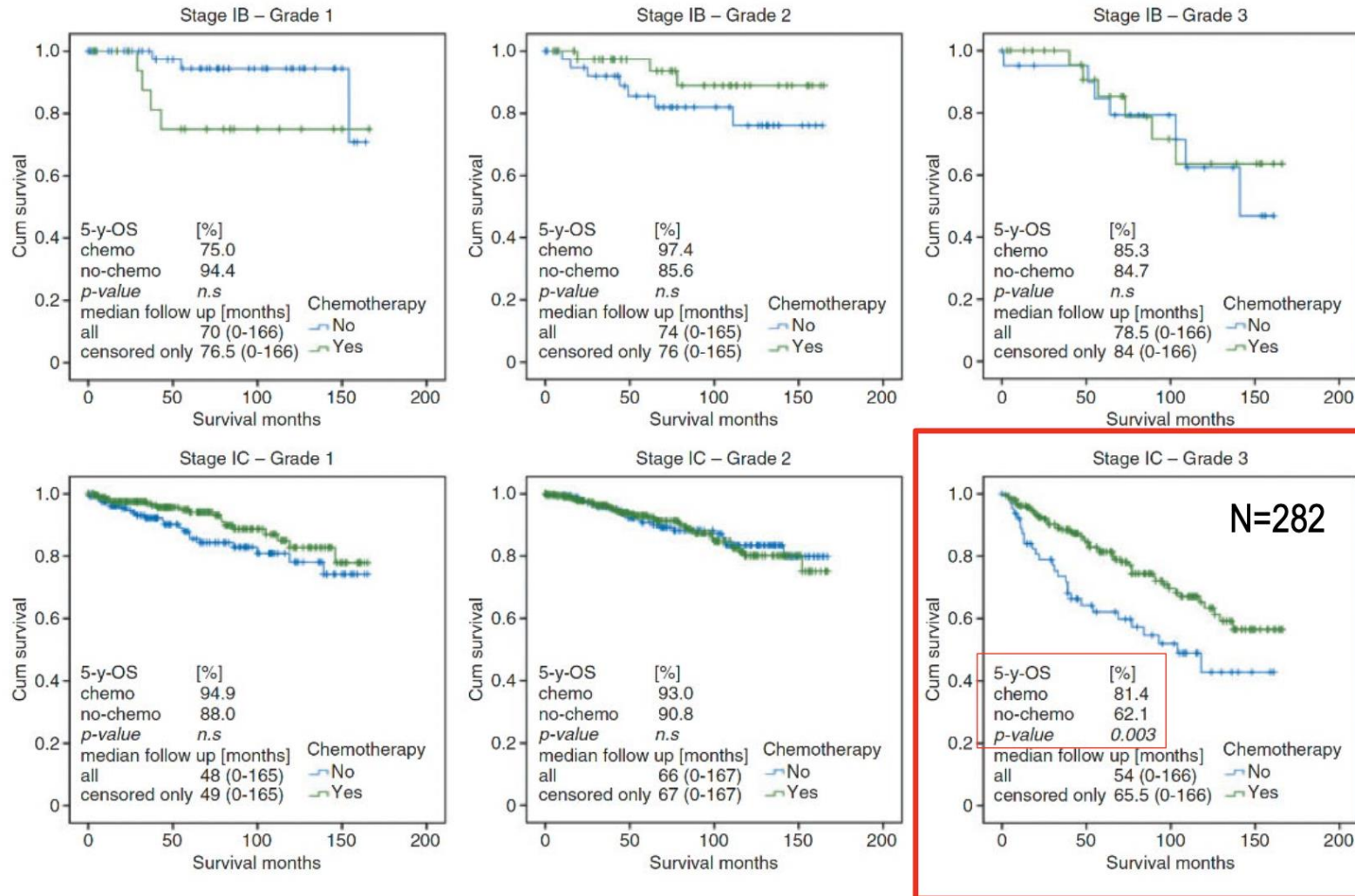


### Overall Survival by CT



# EARLY STAGE ENDOMETRIOID OVARIAN CANCER

## Role of Adjuvant Chemotherapy



**ONLY IC G3 !!!**

# Why might the genomics of endometrioid OC be relevant?

ARTICLE



<https://doi.org/10.1038/s41467-020-18819-5>

OPEN

## Molecular stratification of endometrioid ovarian carcinoma predicts clinical outcome

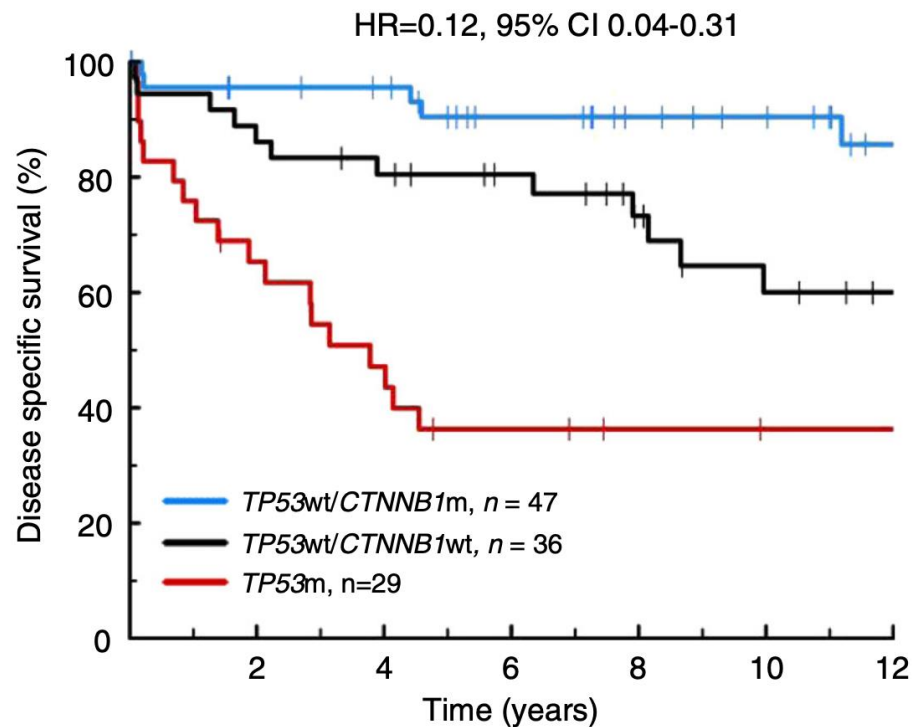
Robert L. Hollis <sup>1,5</sup>, John P. Thomson <sup>1,5</sup>, Barbara Stanley <sup>1,5</sup>, Michael Churchman <sup>1</sup>, Alison M. Meynert <sup>2</sup>, Tzyvia Rye <sup>1</sup>, Clare Bartos <sup>1</sup>, Yasushi Iida <sup>1,3</sup>, Ian Croy <sup>1</sup>, Melanie Mackean <sup>4</sup>, Fiona Nussey <sup>4</sup>, Aikou Okamoto <sup>3</sup>, Colin A. Semple <sup>2</sup>, Charlie Gourley <sup>1,6</sup> & C. Simon Herrington <sup>1,6</sup>✉

## Endometrial Cancer Molecular Risk Stratification is Equally Prognostic for Endometrioid Ovarian Carcinoma

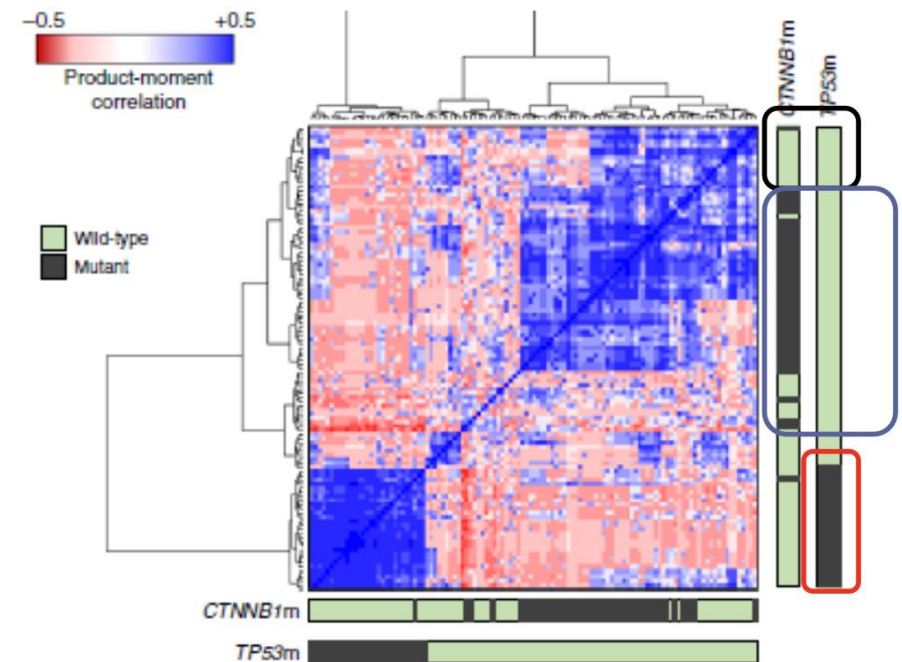
Pauline Krämer ; Aline Talhouk ; Mary Anne Brett; Derek S. Chiu; Evan S. Cairns ; Daniëlla A. Scheunhage;

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## Endometrioid OC segregated into 3 groups based on CTNNB1 and TP53 mutational status

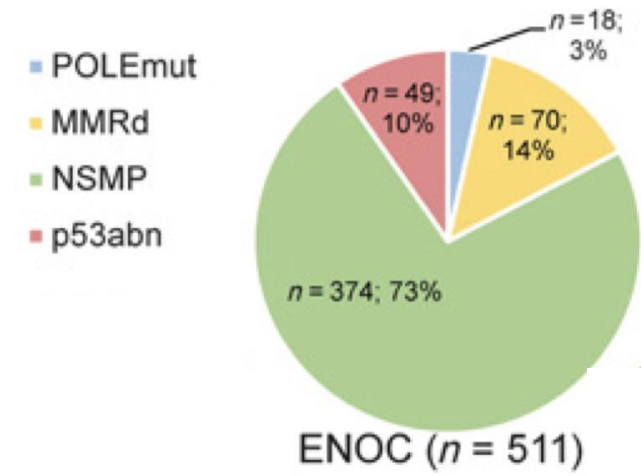
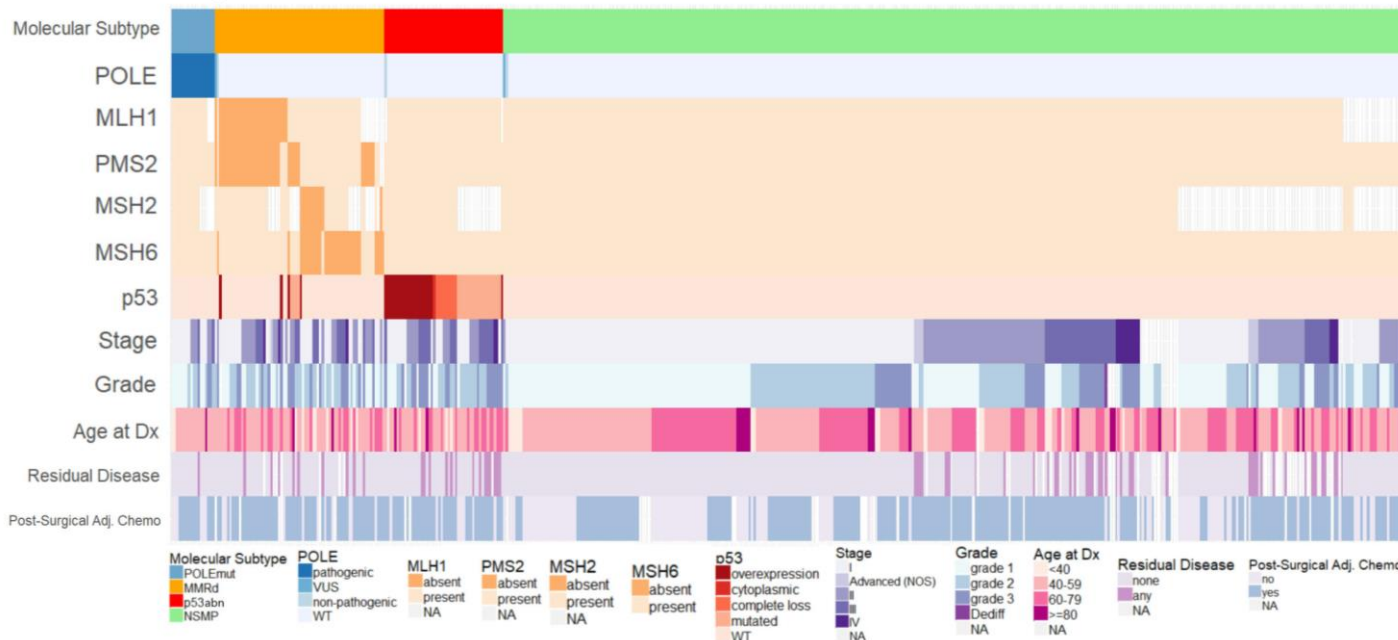


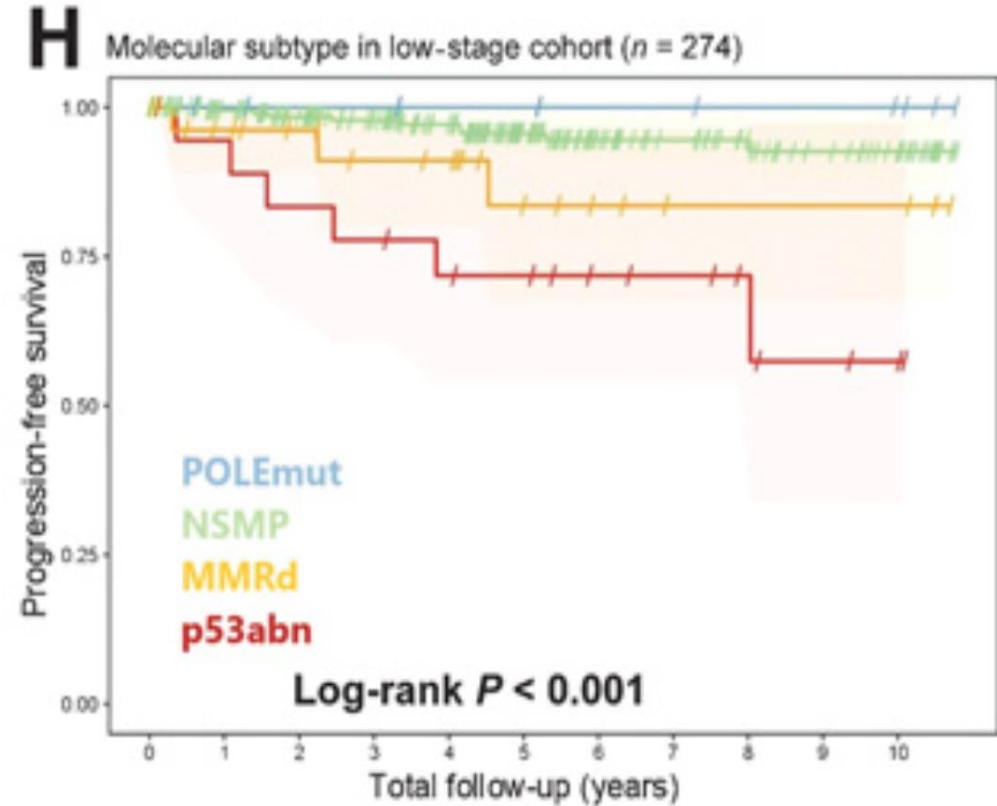
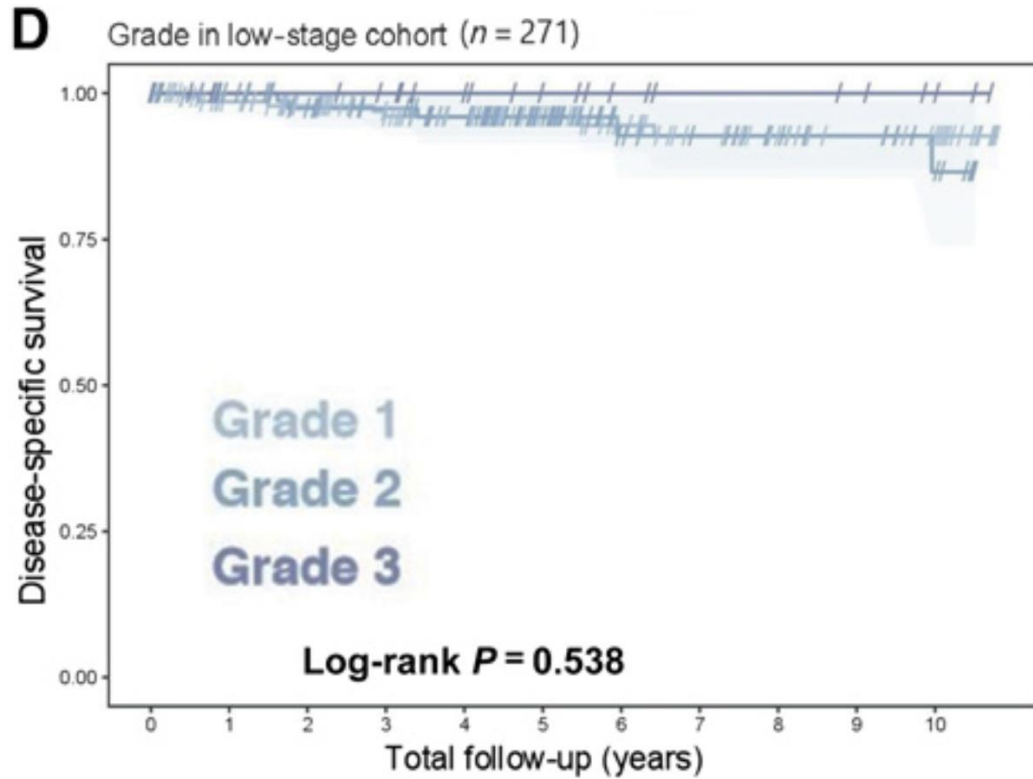
**Fig. 2** Unsupervised clustering of endometrioid ovarian carcinomas by patterns of mutation. Product-moment correlation scores between

# Endometrial Cancer Molecular Risk Stratification is Equally Prognostic for Endometrioid Ovarian Carcinoma

Pauline Krämer ; Aline Talhouk ; Mary Anne Brett; Derek S. Chiu; Evan S. Cairns ; Daniëlla A. Scheunhage;

Molecular Classification of Endometrial Cancer Applied to Endometrioid Ovarian Cancer International Series (n=533)





Molecular classification might complement histopathology

→ risk stratification

→ Identification of targets & Lynch Syndrom





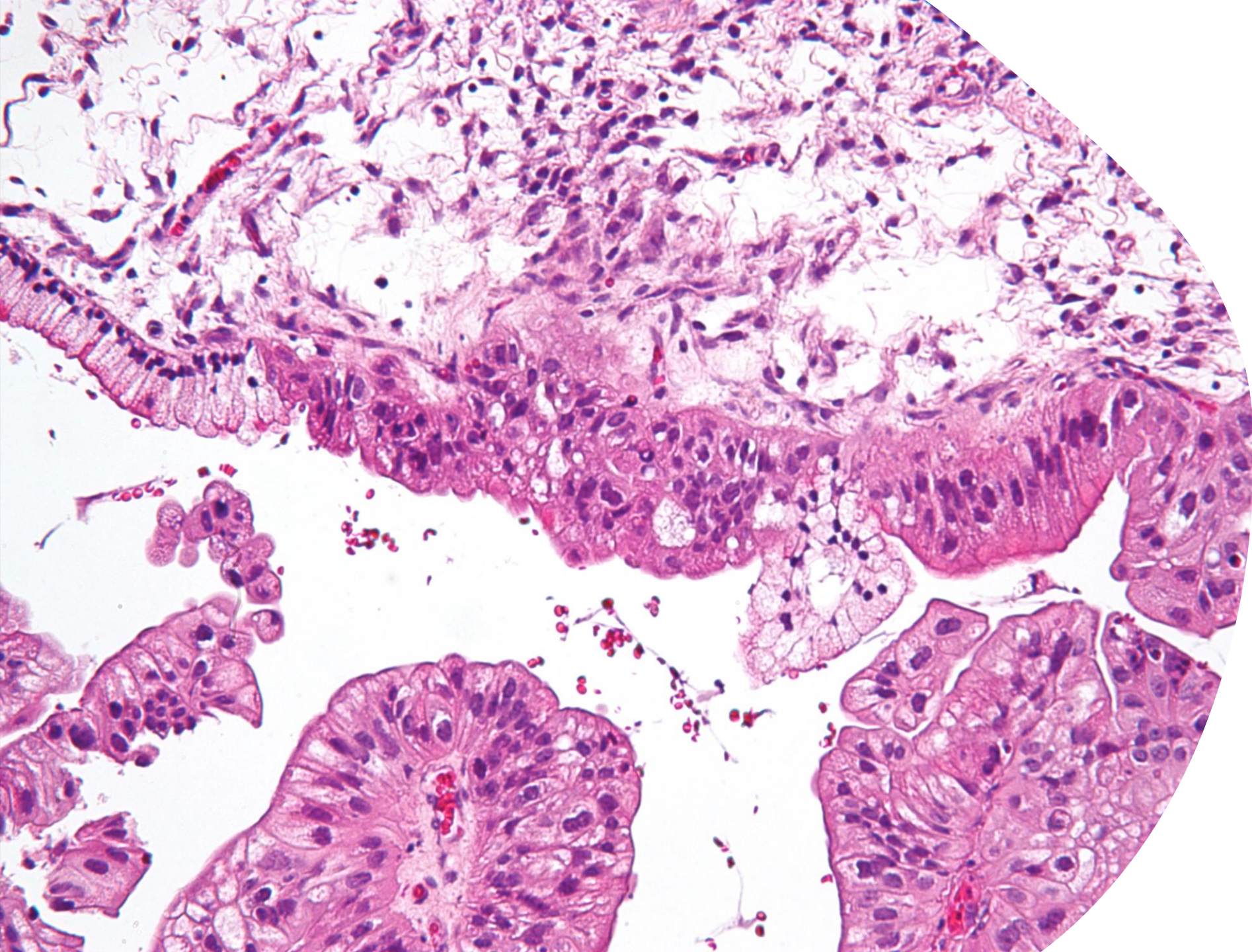
# ESMO CLINICAL PRACTICE GUIDELINE 2023

## Management of early stage ovarian cancer (FIGO I-II)

### Recommendations

- The benefit of adjuvant ChT is uncertain and can be considered as optional [III, C] for:
  - o LGSC stage IB-IC
  - o CCC stage IA-IC1
  - o Low-grade EC stage IB-IC
  - o Expansile MC stage IC
  - o Infiltrative MC stage IA
- Adjuvant ChT is not recommended in completely staged patients with LGSC stage IA, low-grade EC stage IA or expansile MC stage IA-IB [II, E].

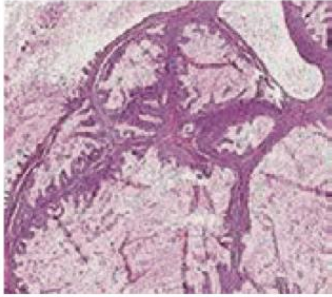
| Histologies                   | Stage IA | Stage IB/C1 | Stage IC2-3 | Stage IIA |
|-------------------------------|----------|-------------|-------------|-----------|
| high-grade Endometrioid (G3)  | Yes      | Yes         | Yes         | Yes       |
| Low-grade Endometrioid (G1/2) | No       | Option*     | Yes         | Yes       |



**MUCINOUS  
OVARIAN  
CANCER**

Continuum of Malignant Progression →

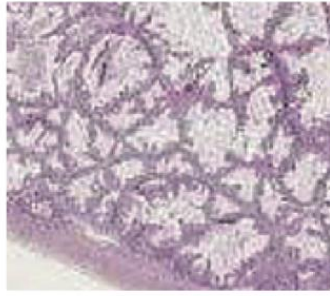
**Borderline Mucinous Tumor**



Cystic glands with minimal or no stromal invasion

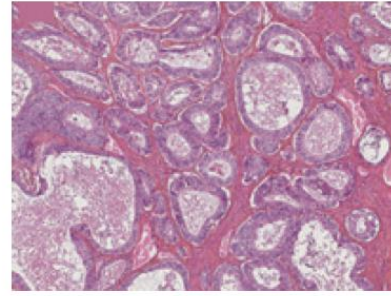
**Mucinous Carcinoma**

Expansile subtype



Back-to-back glands without stromal invasion

Infiltrative subtype



Malignant cells or cell clusters with destructive stromal invasion

*KRAS* mutation

*HER2* amplification

*TP53* mutation

**Figure 1. Stages in the Progression of Mucinous Ovarian Tumors.**

Mucinous ovarian tumors develop on a continuum from benign epithelium to preinvasive (borderline) carcinoma to mucinous carcinoma. *KRAS* mutations are an early event, whereas other oncogenic alterations (*HER2* amplifications or *TP53* mutations) may be acquired later in the course of malignant transformation.

The NEW ENGLAND JOURNAL of MEDICINE

REVIEW ARTICLE

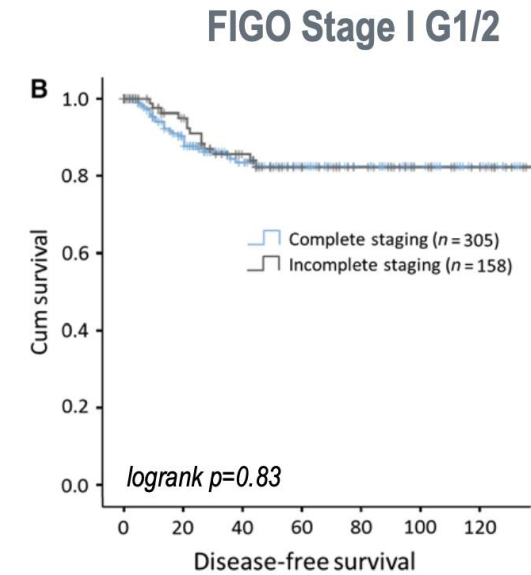
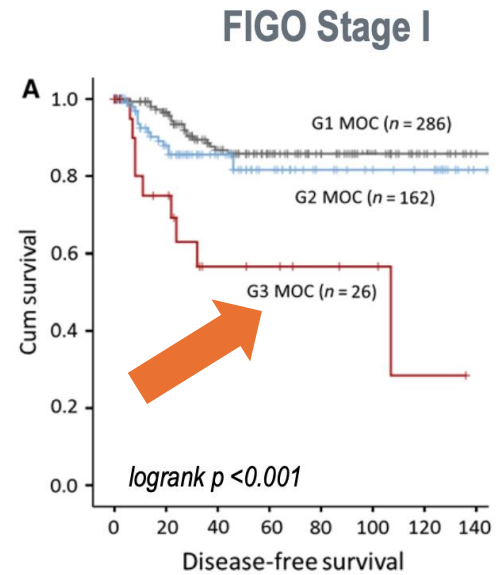
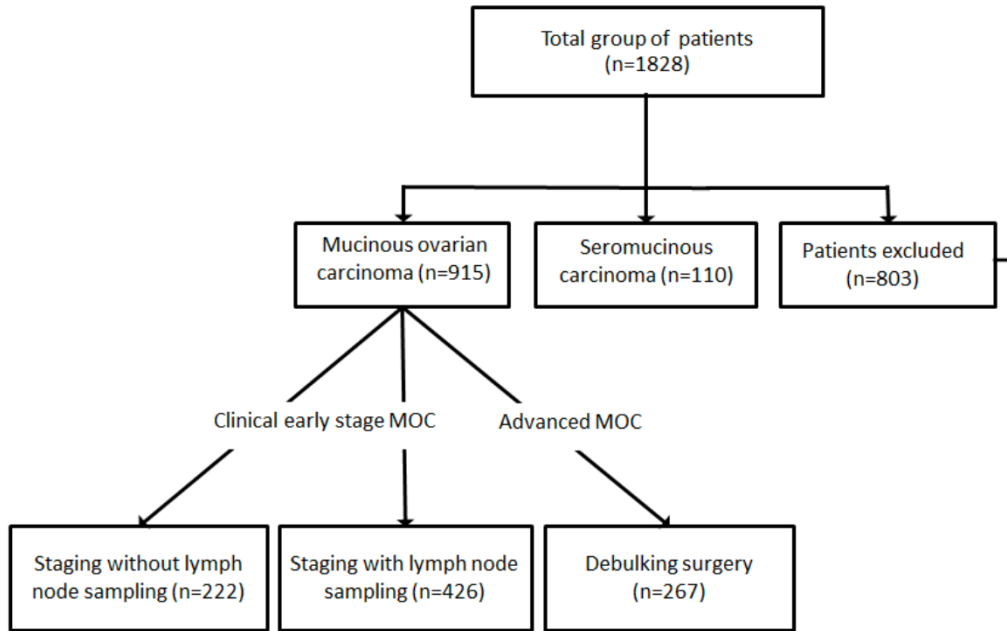
Dan L. Longo, M.D., *Editor*

## Mucinous Ovarian Carcinoma

Philippe Morice, M.D., Ph.D., Sebastien Gouy, M.D., Ph.D.,  
and Alexandra Leary, M.D., Ph.D.

# EARLY STAGE MUCINOUS OVARIAN CANCER

## Netherland Cohort 2002-2012 (n=915)

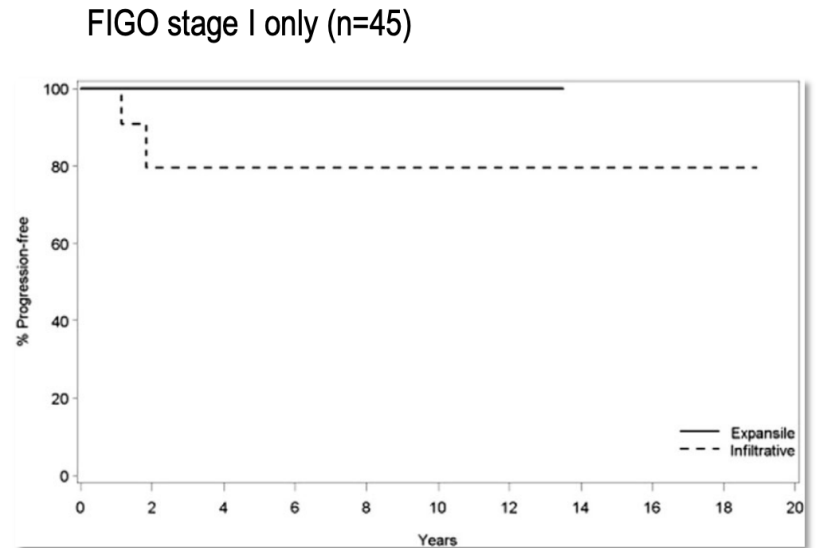
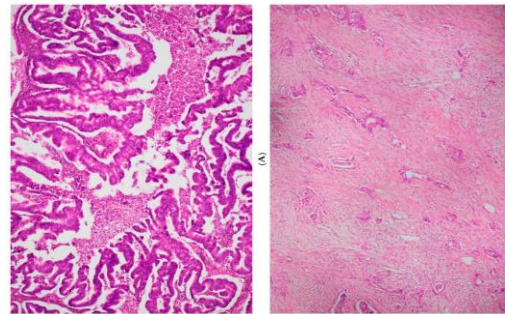


| Variable           | G1 MOC<br>n (%) | G2 MOC<br>n (%) | G3 MOC<br>n (%) | MOC<br>Grade unspecified<br>n (%) |
|--------------------|-----------------|-----------------|-----------------|-----------------------------------|
| Number of patients | 190 (44.6)      | 115 (27.0)      | 22 (5.3)        | 99 (23.2)                         |
| LNM                | 4 (2.1)         | 1 (0.9)         | 3 (13.6)        | 0                                 |

# Expansile vs infiltrative

Primary invasive mucinous ovarian carcinoma of the intestinal type:  
Importance of the expansile versus infiltrative type in predicting recurrence  
and lymph node metastases

[K. Muyldermans](#)<sup>a</sup> · [Ph. Moerman](#)<sup>b</sup> · [F. Amant](#)<sup>a</sup> · [K. Leunen](#)<sup>a</sup> · [P. Neven](#)<sup>a</sup> · [I. Vergote](#)<sup>a</sup>  

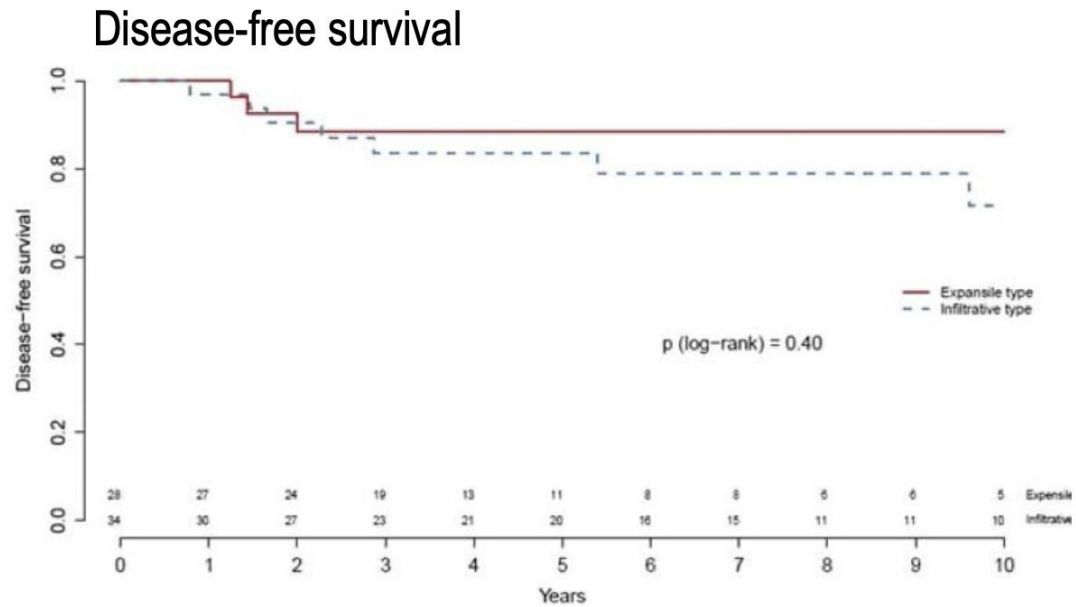


Overview of the literature comparing mucinous epithelial ovarian carcinoma (mEOC) of the expansile versus infiltrative type in relation to FIGO stage and recurrence\*.

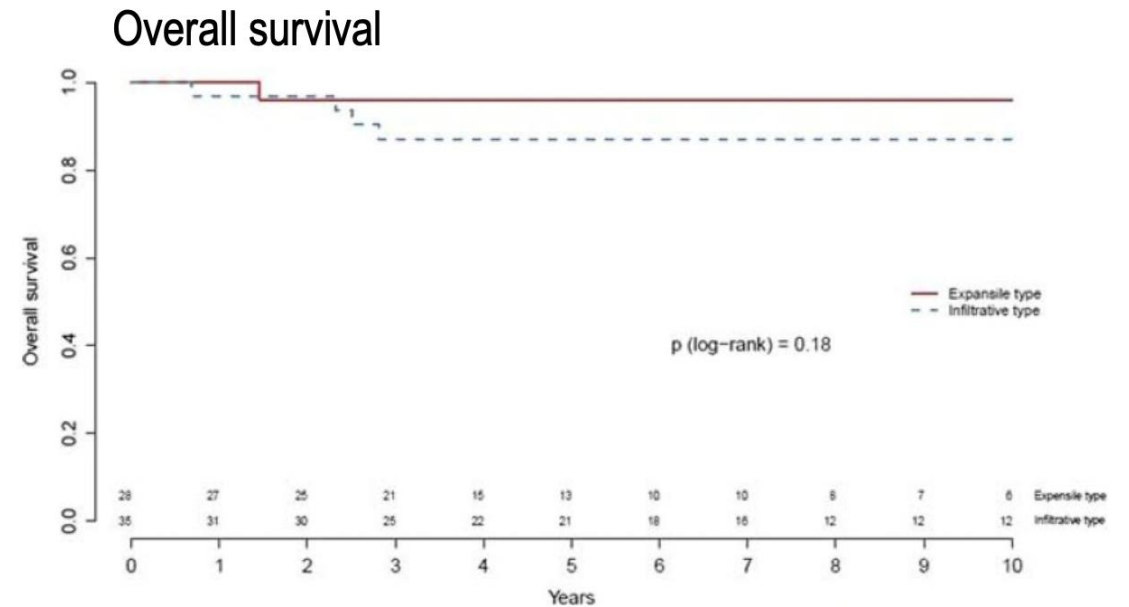
| References                      | n  | Median follow-up (years) | Expansile (recurrence) |             | Infiltrative (recurrence) |             |
|---------------------------------|----|--------------------------|------------------------|-------------|---------------------------|-------------|
|                                 |    |                          | Stage I                | Stage II–IV | Stage I                   | Stage II–IV |
| Hoerl and Hart <sup>4</sup>     | 18 | 10                       | –                      | –           | 14 (2)                    | 4 (4)       |
| Riopel et al. <sup>6</sup>      | 5  | 2.5                      | 4 (0)                  | 1 (1)       | –                         | –           |
| Lee and Scully <sup>1</sup>     | 21 | 5                        | 10 (0)                 | –           | 5 (1)                     | 6 (5)       |
| Rodriguez and Prat <sup>5</sup> | 26 | 5.6                      | 11 (0)                 | –           | 9 (3)                     | 6 (6)       |
| Our series                      | 44 | 5.4                      | 21 (0)                 | 2 (2)       | 12 (2)                    | 9 (7)       |

# Characteristics and Prognosis of Stage I Ovarian Mucinous Tumors According to Expansile or Infiltrative Type

*Sebastien Gouy, MD, PhD,\* Marine Saidani, MD,\* Amandine Maulard, MD,\* Slim Bach-Hamba, MD,†*



Disease-free survival in stage I mOC according to expansile or infiltrative type.



Overall survival in stage I mOC according to expansile or infiltrative type.

# Adjuvant chemotherapy is not associated with a survival benefit for patients with early stage mucinous ovarian carcinoma

[Dimitrios Nasioudis](#) · [Ashley F. Haggerty](#) · [Robert L. Giuntoli, II](#) · ... · [Mark A. Morgan](#) · [Emily M. Ko](#) · [Nawar A. Latif](#)

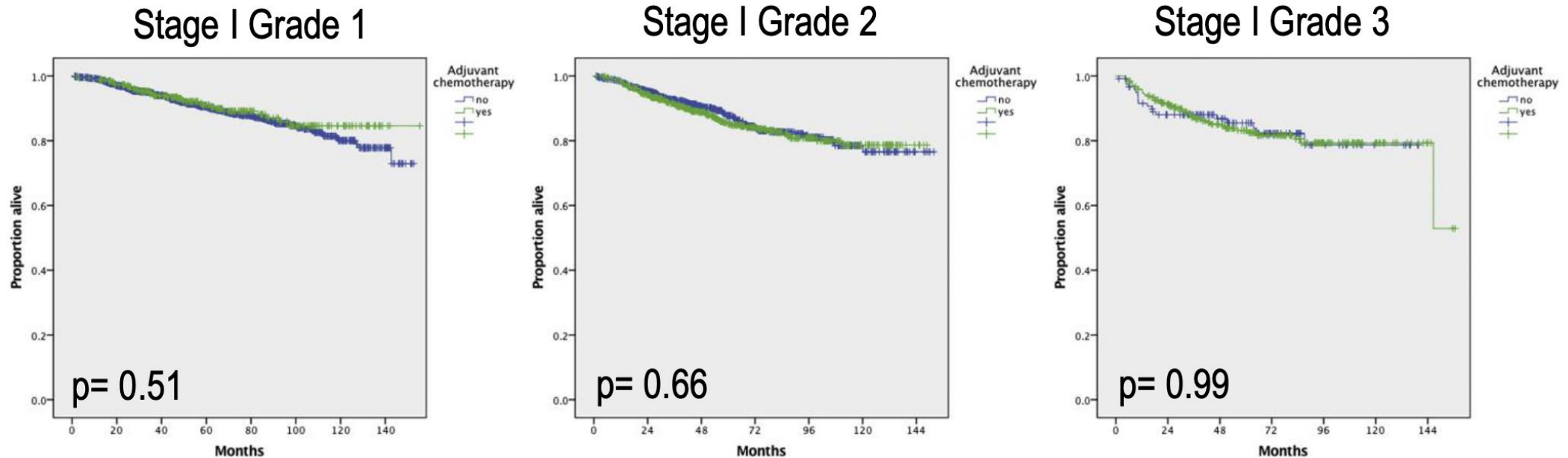
US National Cancer Database 2004 – 2014

N=4811

30.9% adjuvant chemotherapy

20.2% for stage IA/B

60.2% for stage IC





# ESMO CLINICAL PRACTICE GUIDELINE 2023

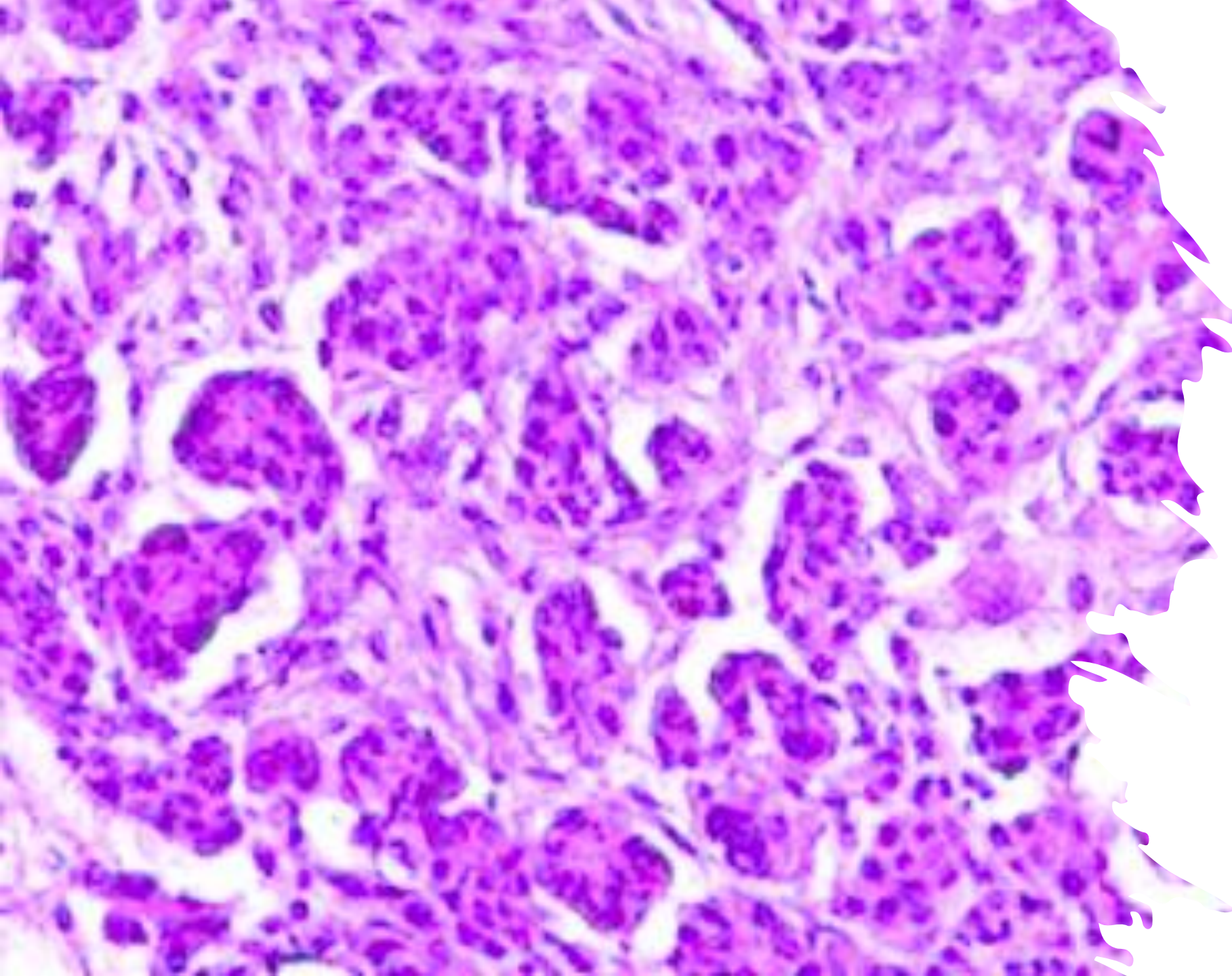
## Management of early stage ovarian cancer (FIGO I-II)

### Recommendations

- The benefit of adjuvant ChT is uncertain and can be considered as optional [III, C] for:
  - LGSC stage IB-IC
  - CCC stage IA-IC1
  - Low-grade EC stage IB-IC
  - Expansile MC stage IC
  - Infiltrative MC stage IA
- Adjuvant ChT is not recommended in completely staged patients with LGSC stage IA, low-grade EC stage IA or expansile MC stage IA-IB [II, E].

| Histologies                | Stage IA | Stage IB/C1 | Stage IC2-3 | Stage IIA |
|----------------------------|----------|-------------|-------------|-----------|
| Expansile Mucinous (G1/2)  | No       | Option*     | Option*     | Yes       |
| Infiltrative Mucinous (G3) | Option*  | Yes         | Yes         | Yes       |





**LOW GRADE  
SEROUS  
OVARIAN  
CANCER**

# LOW GRADE SEROUS OVARIAN CANCER

- Low-grade serous carcinoma (LGSC) is rare subtype that accounts for ~ 10% of serous carcinomas of the ovary/peritoneum
- Relative to high-grade serous carcinoma, LGSC characterized by:
  - ✓ Young age at diagnosis
  - ✓ Chemo resistance
  - ✓ Aberrations within the MAP kinase signaling pathway (BRAF/KRAS/NRAF)
  - ✓ Prolonged overall survival
- IA grade I (confirmed by central review) & complete staging, no adjuvant therapy (*Young et al, NEJM 1990*)
- Question for IC2 or IC3 but no enthusiasm for CT : a place for HT ?



# ESMO CLINICAL PRACTICE GUIDELINE 2023

## Management of early stage ovarian cancer (FIGO I-II)

### Recommendations

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| Histologies | Stage IA | Stage IB/C1 | Stage IC2-3 | Stage IIA |
|-------------|----------|-------------|-------------|-----------|
| LGSOC       | No       | Option*     | Option*     | Yes       |



# Early Ovarian Cancer TAKE HOME MESSAGES

Simple but not so easy

Careful evaluation of  
the risk/benefit balance

Attention to hystology

Attention to  
Stage and Substage

Attention to Grade

Optimal surgery!

One size does not fit all

Urgent need  
for clinical trials

Need for more precise biological  
and molecular classification



**AIGOM**

ASSOCIAZIONE ITALIANA  
GRUPPI ONCOLOGICI MULTIDISCIPLINARI

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**VERONA**  
**7 MARZO 2025**

**HOTEL**  
**CROWNE PLAZA**

Responsabile Scientifico  
Dr.ssa Stefania Gori

**Grazie**